

The Equinox Sports

Owls gain respect vs. UNH

DAVID HALEY
The Equinox

You have to wonder what was going through the mind of University of New Hampshire's second-year head coach Jeff Jackson at the beginning of this one.

Here was old State U. Giving an in-state Division III school a little glimpse of the spotlight and the guests were not playing nice.

I mean this game was a win-win proposition for both teams.

Jackson would get UNH its first win of the young season in easy fashion and the Owls would get some exposure for their rebuilding project.

Keene State College gets invited in for some milk and a cookie or two and then bang, you kick 'em around a little and send them on their way wiser for the experience.

What was going on?

The Owls jumped out to a 7-4 lead early and refused to go away for the better part of the first half, a half that ended with the Wildcats holding a 26-22 advantage.

"I don't know what league (Keene State) plays in, but I guarantee that whatever league they play in, not many teams will beat them," Jackson said.

You can be sure he wasn't quite so articulate with his team at halftime.

The Owls stayed within 10 points of UNH until midway through the second half behind the play of senior Jamie Smith and junior Kareem Porter. From their size and talent took over.

The Wildcats took advantage of the size of Ken Rassi (14 points and seven rebounds) and some chilly shooting (11 for 42) from the Owls for a 75-48 win.

"We represented ourselves very well," noted head coach Phil Rowe, whose persistence

was instrumental in the game being scheduled.

"It was a good experience for our kids to play in that setting. We had some time off after the game to reflect and then move forward. I know we'll take some positives from this game," Rowe said.

Smith was a standout for the Owls as his work on the offensive glass sent him to the foul line on seven different occasions.

Smith combined with Stacey Messiah for 10 rebounds.

Freshman standout Chris Coates returned to the Portsmouth area where he made his name as New Hampshire's Mr. Basketball with a seven point performance that included two from long range.

The Owls' return to the cozy confines of Division III Tuesday when they take on Notre Dame College.

see RESPECT, page 23



Equinox photo by Steph Majewski
Keene State's Lindsay Arnold and Carrie Trudeau battle for a rebound during the KSC Holiday Classic tournament.

KSC falls in holiday tournament

PAUL SILVERFARB
The Equinox

The Keene State College women's basketball team can be described in just one easy word: inconsistent.

The team will play great one day and the next would just stink up the place.

In their first weekend of the season, the Owls played host to Colby-Sawyer, Bowdoin, and Daniel Webster colleges in the Keene State College Women's Basketball Holiday Classic.

Their first game was against powerful Colby-Sawyer College.

Colby-Sawyer showed up Keene State in the first half, as they jumped to an early 38-27 lead.

Keene State did not want to be embarrassed on their home court, so both Carrie Trudeau

and Margot Flemming took control.

Trudeau went 3-5 from three-point land and Flemming went 5-8 from the field, to help bring Keene State within four with only 1:27 remaining.

"We got out played on the perimeter and that is where we lost the game," said head coach Keith Boucher. "We're not a good enough team to dig ourselves out of a 11 point half-time hole."

Although the Owls put in a great comeback, it did however fall short, as Colby-Sawyer's perimeter game was just too much for the Owls to handle.

Although the Owls lost 68-60, it was still considered a good game.

In the consolation game of the Holiday Classic, Judy Izzo took control of play, especially in the second half, as the Owls

breezed by Daniel Webster College 59-36.

This game was not decided until the beginning of the second half.

In the first half, the Owls played the same type of basketball as Daniel Webster, and the score showed when it read 28 a piece going into halftime.

In the second half, the Owls caught fire, as they drilled the first 10 points of the half to really open the scoring.

From that point on, there was no looking back, as the Owls outscored the Eagles 37-14 in the second half.

Judy Izzo was unstoppable, as she had 16 points. Eleven of those points were in the second half.

Flemming finished the game strong, as she nailed 12 points and grabbed six boards.

That word of consistency is a nuisance this year for the

Owls.

"The biggest word I could say is consistency," said Boucher. "We don't have consistency in both our offense and defense."

That was defiantly the truth when the Owls played former conference foe Franklin Pierce College.

The Ravens must have been ready for Thanksgiving because they had an early feast on the Owls.

The Ravens took control from the opening tip-off and never looked back, mainly because there was no need to.

Good thing there was no ice cream being sold in the arena because the Ravens were hot enough to melt the entire state of New Hampshire. The only kind of heat you could even compare to the Owls was that easy-bake oven toy your sister had when she was four.

The Ravens opened a measly 42-17 lead in the half.

Two reasons for the tremendous lead could be that the Ravens shot .556 from the field and 10-18 from three-point heaven.

With the game pretty much a blow out, the Owls were hoping for that miracle finish. Not in this game.

The Owls did, however, remain close with the Ravens in the second half, only being out scored by three points. Too bad this game was not only a second half match.

"Our level of intensity on defense has to be constant in order to compete in our conference," said Boucher. "We would also like to be ahead at halftime for once, not behind."

The Owls will take their show on the road tomorrow when they tip-off against Williams College.

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Volume 50, Issue 12

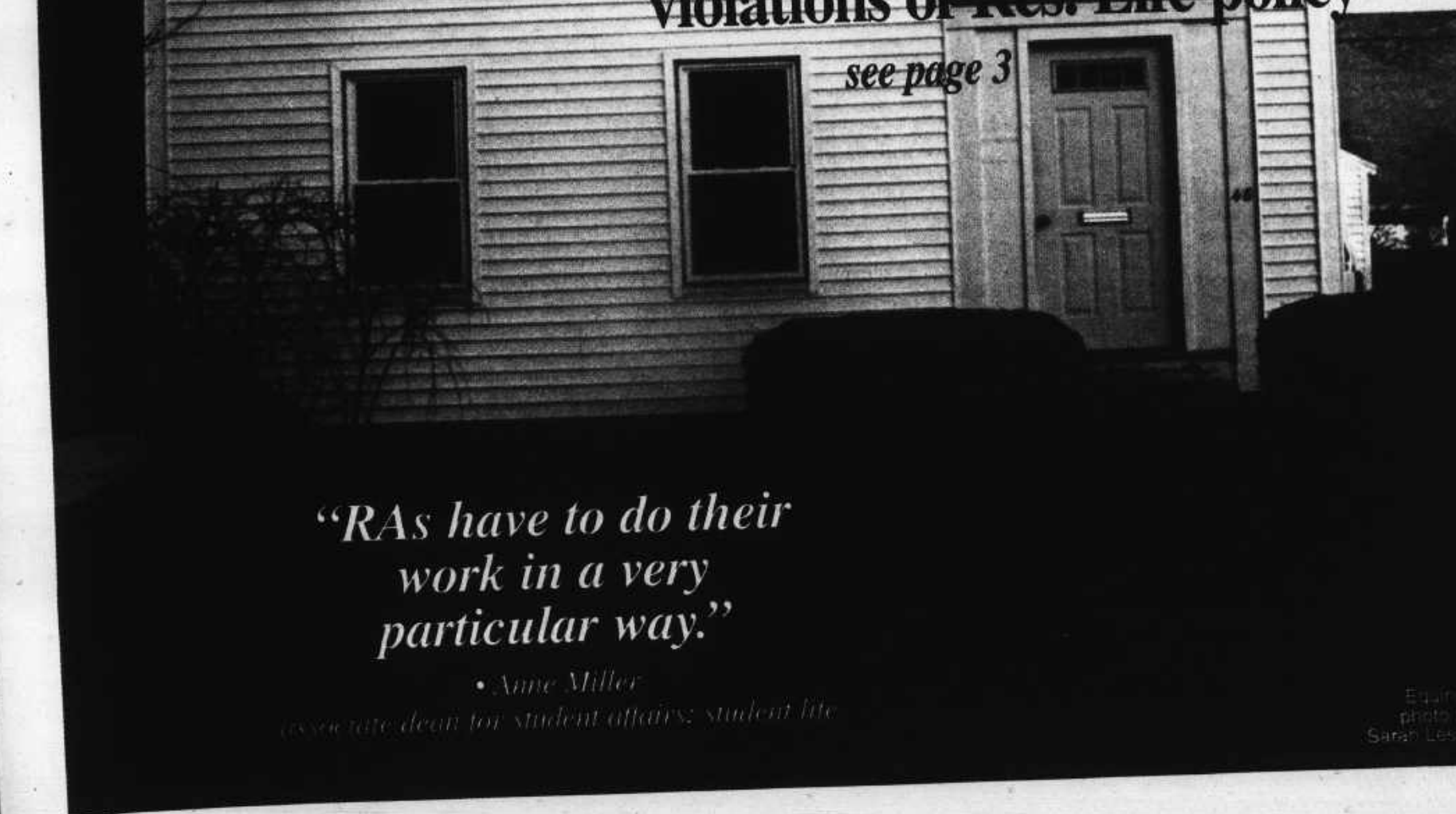
The Equinox
December 11, 1997
The Student Newspaper of Keene College

Our 25th year!
"Basically, RAs are penalized for telling the truth."
- Anonymous RA

RAS - Conduct standards too strict

Seven RAs asked to resign for violations of Res. Life policy

see page 3



"RAs have to do their work in a very particular way."

- Anne Miller

associate dean for student affairs; student life

Equinox photo by Sarah Lesch

Campus Safety Log

November 15 Saturday

12:45 a.m. There was a report of two smoke bombs detonated at Monadnock Hall. There was no property damage.

1:03 a.m. An RA in Carle Hall requested assistance with an intoxicated male.

4:54 a.m. There was an allegedly "malicious pull" of a fire alarm in Holloway Hall.

November 16 Sunday

4:30 a.m. Someone pulled a fire alarm on the second floor of Monadnock Hall. Three males were seen running away from the building. Both alarms on the second floor required maintenance.

November 29 Saturday

2:30 a.m. A campus safety officer spotted a blue Honda CRX driving on the Madison St. sidewalk at about 40 m.p.h. The car turned up Appian Way, and then proceeded to Main Street.

November 30 Sunday

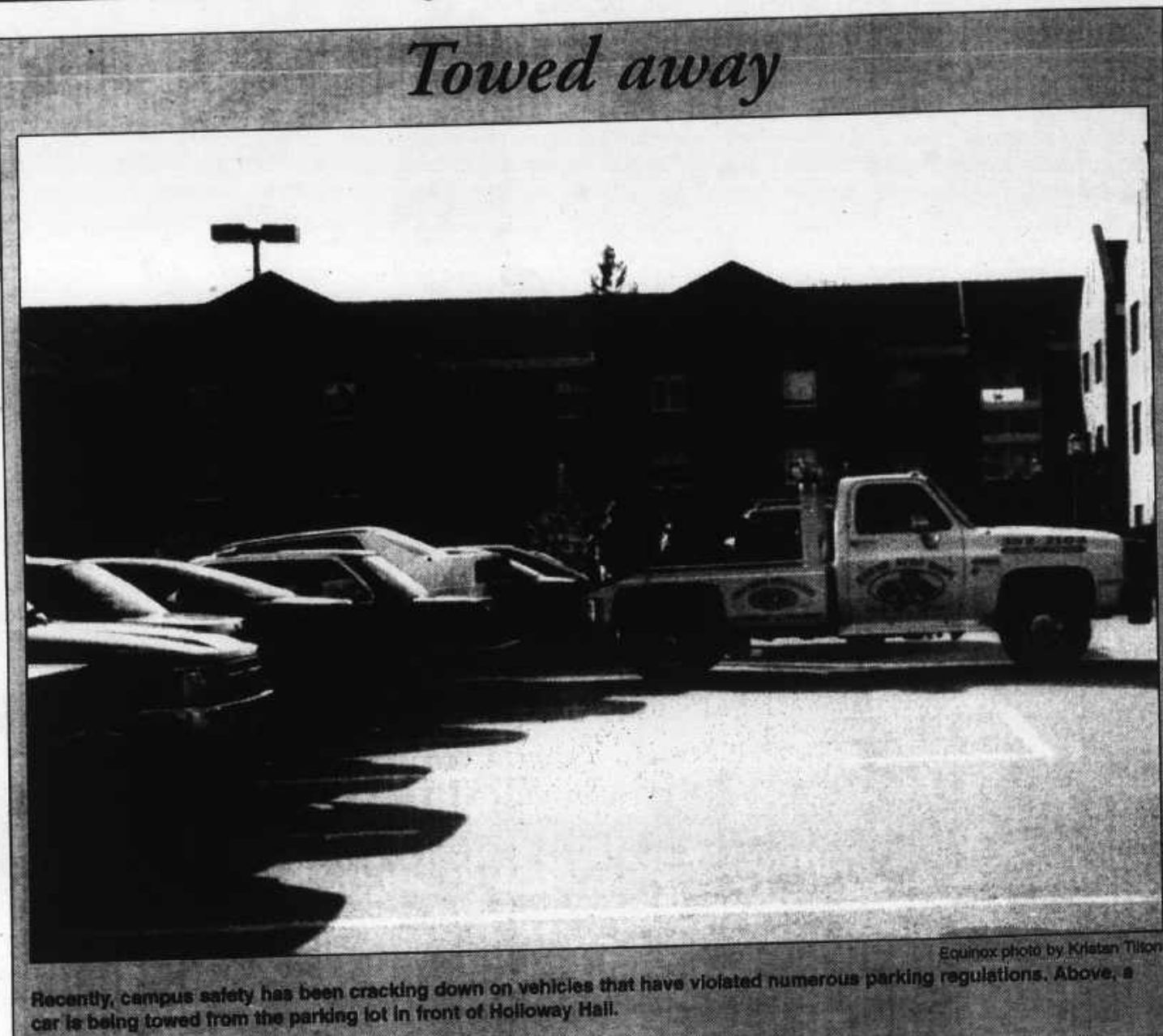
11:05 p.m. An off-campus student was arrested on drug-related charges in Winchendon, Mass. Campus Safety filed a report which will be forwarded to student development and college relations.

December 1 Monday

11:13 p.m. There were two complaints of loud music on the second floor of Holloway Hall.

December 3 Wednesday

11:00 p.m. A resident of Tisdale apartments called Campus Safety to report that her ex-boyfriend was going there to



Recently, campus safety has been cracking down on vehicles that have violated numerous parking regulations. Above, a car is being towed from the parking lot in front of Holloway Hall.

retrieve some of his "stuff." The man is not a resident at Tisdale, but is in possession of the key, and the female said she does not want him in the apartment. The resident said she notified someone earlier and the locks were scheduled to be changed on Dec. 4. The resident gave Campus Safety officers a description of the man, and they said they'd be keeping an eye out for him. The Keene Police were also notified.

December 4 Thursday

11:45 p.m. There was a report of an individual in front of the Phi Mu Delta house making

noise and drinking. The caller was advised that this is an off-campus location and KPD should be notified. A campus safety officer responded to the general area.

December 5 Friday

12:48 a.m. There was a noise complaint regarding the green house on the corner of Madison and Winchester streets.

2:14 a.m. There was an information request about a student who was found intoxicated on Main Street. The officer requested that someone take responsibility for the student. The request was denied. The

RA of the student's residence hall was notified.

12:32 p.m. A resident on Bruder Street called to report someone was shooting BBs at her windows.

8:15 p.m. Report from Monadnock hall of a severe ant problem in several rooms.

December 6 Saturday

2:45 a.m. Two males wearing baseball caps "going through cars" in the commuter lot.

12:50 p.m. A Campus Safety officer removed a park bench from Brickyard Pond.

4:55 p.m. Tau Kappa Epsilon was gathering on Fiske Quad, and was denied permission to

organize. The event went on anyway. Fiske RAs and RD were notified.

9:28 p.m. There was a check-up on a small party in a room in Randall Hall.

December 7 Sunday

12:56 a.m. An RA in Carle requested assistance with a few residents who were "a little out of control." Residents gave RAs a hard time. A 1/2 keg of beer was confiscated.

1:51 a.m. An RA in Monadnock called to request assistance with an unwanted visitor in the hall. The subject threatened the RAs when asked to leave the building.

Towed away

Hark the herald concert choir sings



The Keene State College Concert Choir performed selections from their concert Friday night, as well as other more familiar Holiday carols, in the atrium on Tuesday. It was directed by Gladys Johnson, professor of music.

"If they're expecting our conduct to be above reproach, the perfect guy died about 2,000 years ago. I'm sure when he comes back, he'll make the perfect RA."

• David Farr
resident assistant

Policies unfair, some RAs say

BRENT CURTIS &
SARAH LESLIE
The Equinox

could be accused of misconduct.

The Work Agreement states that RAs must behave appropriately both on and off campus and their conduct must be "above reproach."

"All the staff members become 'tainted' when one of us is seen in public violating the alcohol policy, which in turn makes the policy even more difficult to enforce," according to Residential Life's Alcohol Policy Statement.

Although most RAs agree with the policy, some believe Residential Life's treatment of offenses and the punishments they received are too harsh for the crimes committed.

For reasons of job security, some RAs preferred to remain anonymous.

One RA said the forced resignation of two RAs and the probation of two more under

doubtful circumstances following an alcohol-related incident at a Greek function this November illustrates the problem RAs have with the policy.

On November 1, Delta Nu Psi held its finishing ceremony for all new pledges at a function in Belmont, NH. As part of the ceremony, a toast of alcoholic beverages was offered to the new members, including an underage RA, the RA said.

According to testimony given by the four RAs, only one RA actually consumed alcohol, and none of them witnessed minors consuming alcohol, the RA said, but all were subjected to disciplinary action.

No police or college officials were present at the ceremony, and no actual evidence exists of any wrong doing, the RA said, so Residential Life based its decisions and disciplinary

action based on the honesty of the RAs involved.

"Basically, RAs are penalized for telling the truth. I don't think anyone thought they were doing anything wrong that night or that their jobs were in jeopardy, especially since the ceremony took place so far away from campus," the RA said.

However, an RA's duties aren't limited to the residence halls, the campus, or the city of Keene, Anne Miller, director of Residential Life, said.

"It's a job unlike any other job," Miller said. "Because it has the amount of enforcement that it does, RAs have to do their work in a very particular way."

RAs must also attend mandatory alcohol education classes with Jim Matthews at the beginning of each year, see **POLICY**, page 15

Tax break may cause tuition problems

Equinox staff

While the Hope scholarships passed in Congress recently make it possible for eligible parents to receive a tax break of up to \$1,500 if their students are in college, this has caused some problems for parents of students attending Keene State College, the University of New Hampshire, and Plymouth State College.

The problem is, tuition for these schools is due earlier than the effective date of the act. Students at UNH had to pay tuition for next semester by yesterday, and Keene State students must pay by next Friday.

While the initial reaction from students may be to point the finger at the individual colleges, Retha Lindsey-Fielding, director of college relations, said the decision was not made on this campus, but by the University System of New Hampshire Trustees.

The USNH trustees have not granted any extensions for students and parents wishing to take advantage of this act.

"The college established Spring (semester) '98 due dates as a part of the academic calendar for Fiscal '98," said Jay Kahn, vice president for finance and planning. "These dates were consistent with payment dates in the past. After we did that, Congress passed some tax incentives."

If the bill can help Keene State students and their parents out, Kahn said, there is an alternative.

"If students, based on their current circumstances will be affected (by the act)," Kahn said, "they should pay the late fee."

Students wishing to pay the late fee of \$50 (\$100 at UNH) can pay their tuition after Jan. 1, but no later than Jan. 5. Deregistration from classes for unpaid tuition will begin on Jan. 5, Kahn said.

The Hope scholarships apply to freshmen and sophomores only.



Kahn

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Senior communication project leads to new honor society

DARA MATTEUCCI
The Equinox

A new Communication Honor Society has been established at Keene State College for communication majors and minors.

Lambda Pi Eta was created on campus by two students in the Communication 479 Senior Project class.

Lambda Pi Eta is affiliated with the National Communication Association (NCA) as well as belonging to the Association of College Honor Societies.

It's an opportunity for students to meet new people, network with students in order to help enhance career opportunities and prepare for the working world, Lisa Demers, a senior, majoring in communication, said.

"We expect to have speakers talk to the students about careers in communications and enhance them for their professional life."

• Lisa Demers
senior

Students interested must have a cumulative of 3.0 overall average and a 3.25 grade point average in their major.

The student can then fill out an application and send it along with their unofficial transcript to the co-advisers of Lambda Pi Eta.

Demers says this is still a new process but feels students will benefit from learning

about networking. "We expect to have speakers talk to the students about careers in communications and enhance them for their professional life," Demers said.

Demers said she hopes the students will not just use this as a resume booster, but that they will gain some insight into their profession.

Lambda Pi Eta was started in 1985 at the University of Arkansas and then was picked up as the official honor society of the NCA in 1995.

Want to know more?

Call co-advisers Rita Miller, x-2415 or Tara Stuart, x-2193 in the communication department at Keene State College for more information.

Senate wants to ban vendors from campus

JAMIE MORRISON
The Equinox

In committee right now is a proposal from the college faculty senate to ban vendors from peddling the goods in college facilities. The main target of the opposition is the credit card vendors.

Rita Miller, chair of faculty senate, said the resolution was introduced at the October 29th meeting. The resolution was to "ban credit card vendors to use campus facilities."

Miller said the senate "debated and then referred back to an executive committee."

Currently, that is where the issue is. It is in the hands of the executive committee which is reviewing and discussing the proposed resolution. A problem, according to Miller, the committee may have to face is that Keene State College has a

"There is also the issue that students pay the college with credit cards. Should that be allowed?"

• Rita Miller
chair of faculty senate

contract with the vendors.

The main focus of the proposed resolution is aimed at credit card vendors. There are other issues the committee must look into. The Alumni Office at Keene State issues a credit card with Keene State's name on it, Miller said.

"There is also the issue that students pay the college with credit cards. Should that be allowed?" she said.

Another issue the committee must decide is what about the other vendors.

see VENDORS, page 27

Support available for alcohol addiction

"From that point on, we all, as young teenagers, looked at drinking as being the norm," Reis said.

Reis could now be defined as being on the road to alcoholism, a major problem facing a huge number of people across the nation.

What is alcohol abuse anyway?

Alcohol abuse has been defined by many professionals as "the continued consumption of alcohol despite the physical, psychological, and/or social problems caused by the drinking, together with an inability to consistently control the amount consumed," according to "Beer, Booze and Books," by Jim Matthews, special assistant to the vice president for alcohol and other drug programs.

In its simplest form, alcoholism is a disease, and a treatable one at that.

"Many think of it as managing the disease one day at a time," Beth Mundahl, substance abuse counselor at Keene State College, said.

Mundahl has taken courses in the chemical dependency field while studying at Keene State, and has worked in the detox treatment center at

"People who are recovering need to be proactive. I am an admitting alcoholic. A lot of people don't admit to their addictions. If we're going to change people's attitudes toward substance abuse, people need to come forward."

• Peter Reis
recovering alcoholic

Beech Hill Hospital.

She said she helps people all through the 28 day process.

Detox is a psychological process addicts will go through when withdrawing from substance abuse, Matthews said. He said it is medically monitored.

When people go through detox, they will experience the direct opposite feeling than they were getting from the drug.

Since the body is so used to the drug, when it is taken away, it does not know how to react, Matthews said.

What can people do to fill this void?

"What you want to do is to take the habit out and replace it with a healthier habit," Matthews said.

On the road to alcohol abuse

For Reis, this was not to be

the case for quite a while in his life.

His drinking just continued to increase from then on.

His friends and brother who were seniors in high school would buy alcohol for him.

This was at a time when the drinking age was 18, and Reis and his friends were able to buy for themselves at the age of 14 and 15.

He and his friends would drink on Friday and Saturday night, he said.

His parents and teachers knew of the drinking and partying but never did anything about it as long as they were safe and were at someone's house.

There was no one in a leadership position to tell them to stop, he said.

"All throughout high school, there was no one that ever confronted us about our drinking and the use of illicit drugs," Reis said. "I look back now and we were all

f****d up. From that point on, for myself and the majority of my friends, it was a way of life."

Reis said there were sometimes in his past that he had thought about stopping the high risk drinking he was involved in but the pressures of his peers was just too great.

"I didn't want to be an out-cast. I would have been a minority," he said.

Reis said his problems continued from there.

He graduated high school already addicted.

When he joined the Marine Corps at 18, his drinking slowed for a bit, but as soon as he left Marine Corps Boot Camp, it started right up again.

"It was so powerful to the point where I had the need all the time. Every weekend I had to consume six plus beers to nurse (my addiction)," Reis said.

Along with peer pressure and pressures of finance, grades and others, wanting to fit in can be one of the biggest pressures in a student's life, Mundahl said.

"Students want to feel supported and liked," she said. "They want to know that life can be fun."

see ALCOHOL, page 10

NH Hemp Council advocating legalization of hemp

KIMBERLY F. JOHNSON
The Equinox

The strongest fibrous material in the world is illegal in the United States. Yet, a group of people in the New England area are attempting to make it legal in New Hampshire for industrial use.

They are known as the New Hampshire Hemp Council.

Mark Lathrop, owner of the Monadnock Hemporium, and George Corrette are the co-chairmen of this group of half a dozen active members and half a dozen fringe members.

Recently, the New Hampshire Hemp Council joined with Keene State College Campus Ecology at the Mable Brown Room to inform the public about the Billion Dollar Crop which is still untapped.

They invited all the legislators and all the farm bureau, since they will be the ones who make the decisions, but only three members of the Farm Bureau and no legislators bothered to come.

Now, they are taking a large step.

The Hemp Council is introducing a bill to the State Legislature in Concord to make fiber hemp legal. This bill has no number yet, but it is coming up for discussion in January 1998.

The main reason the government is not making hemp legal is because of money.

In the 1800's, the pulp mill was created to make paper out of trees, when previously, paper was always made from hemp.

"For instance, the Declaration of Independence was written on hemp paper," said Lathrop.

Then, after tons of smear campaigns, government laws, and confusion between fiber hemp and marijuana, hemp became illegal. Now that the

Earth's resources are becoming depleted, the government is not willing to admit it was wrong and allow it to become legal for industrial use, Lathrop said.

Just because hemp becomes legal does not necessarily mean it would be legal to smoke marijuana, Lathrop said.

There are many strains of cannabis, and there are few that produce enough THC, to get high.

Most strains will not produce any effect, even if an entire field is smoked, Lathrop said.

Hemp is a sustainable alternative to cutting down forest land and polluting the environment with fossil fuels, Lathrop said.

All of our liquid transport fuels and plastics can be made from a biomass such as hemp, corn, or whatever people

"The federal government has been trying to eradicate the plant from the face of the Earth for the last sixty years. This plant is going nowhere."

• Mark Lathrop
owner of Monadnock Hemporium

decide to grow for biomass, Lathrop said.

Producers need to be making the things consumers need from items which can be replenished quickly rather than depleting the Earth's resources which take many, many years to replace, Lathrop said.

The country of Brazil is running their vehicles on ethyl alcohol.

It costs very little to make, and it can be made from the hemp plant, yet producers are consuming the Earth's resources at an alarming rate

instead of using this illegal weed, Lathrop said.

"The federal government has been trying to eradicate the plant from the face of the Earth for the last sixty years. This plant is going nowhere," Lathrop said.

Hemp is grown organically, and it does not need the pesticides. Also, as the plant grows older, the bottom leaves wilt and return to the soil, so it is a natural fertilizer.

The only thing it takes from the soil is water and carbohydrates, Lathrop said.

It costs little money to grow since it does not need these chemicals, and it is relatively clean and easy to process into finished goods, Lathrop said.

"Hemp's real potential lies as a fallow year rotation crop. Tobacco farmers are understanding that tobacco is very tough on the soil, so every three or four years, you need to grow something else on that soil to put the nutrients back in. Hemp would be very good at that because it does not take those chemicals to grow," said Lathrop.

Hemp can be grown year after year, and it is ready for harvesting every ninety days, whereas trees take years to replace. "Hemp is a weed. You

see HEMP, page 27



ANTHONY B. VOGL
The Equinox

Peter Reis, 36, was just like any other boy in high school.

He was the all-American kid. He was clean-cut, played three sports, had good grades, and was the vice-president of his class.

He had never had any craving or desire to drink.

The majority of his friends all came from broken homes. His father died his freshman year in high school.

He was looking for a direction in life.

That was when Reis began drinking at the age of 13.

Reis, a continuing education student majoring in chemical dependency, finally, after subcoming to the enormous influences of peer pressure, took his first drink in a trailer behind a friend's house.

He said his first drink was cold but that he hated the taste.

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Opinion

USNH Trustees should be more sympathetic

Our View

They say it's the season for giving, but apparently the University System of New Hampshire trustees feel like it's the season for taking away.

Last week, the USNH trustees voted to refuse to grant tuition extensions to Keene State College and University of New Hampshire students looking to take advantage of a federal tax credit.

The tax credit, called a Hope Scholarship worth \$1,500 and available only to freshmen and sophomores, would take effect next year. Since Keene State and UNH tuition is due this month (as we all well know) the only way to take advantage of this credit would be to get an extension in paying the bill until January.

Until the USNH trustees refused to allow us to do it.

Why? Allegedly, it's to save money. USNH Chancellor William Farrell said that the schools would lose money by postponing payment. "It's not economically feasible," he said.

Maybe not for them, but it is for us, and we're angry. It's not like the USNH is losing money on the deal, it will get all of the money it's due. What the trustees are really doing is figuring out a way to get even more money. Farrell suggests that, to take advantage of the credit students just pay late, and get charged an additional \$50 (\$100 at UNH).

A modern day "Let them eat cake?" The punishment to this already incredibly ludicrous move is that at the very same meeting, Farrell said he was concerned about the affordability of the three USNH schools.

Perhaps the state colleges and university would be more affordable if the trustees had more concern for the students that attend them, instead of trying to figure out more ways to bleed us dry.

Farrell said that the only ones hurt by the vote would be second-semester sophomores. He's wrong. This vote is an indication that the USNH trustees care so little about the students that they won't even let those eligible get the benefits that they deserve. Such a callous disregard for the students at the USNH schools will, in the end, hurt all of us. Fifteen hundred dollars may seem like a drop in the bucket to them, but

to the college student about to pay his or her bill, it could be the difference between attending college or having to stay home.

We must tip our hat to trustee Robert Mallet, however. He disagreed with the decision by the other trustees. Mr. Mallet has always looked out for Keene State's interests, and now he proves that he is looking out for the students' interests as well.

We hope that in the future the USNH trustees be a little less cold-hearted, and more sympathetic, to the financial plight of the students, and at least let us have what we are entitled to.

THE STUDENT CENTER TAKES "CHARGE..."



Soundoff

Photos and interviews by Lynn M. Kimiecik

"What are you doing during 'Reading Day'?"



"Just cramming."

• Arthur Balzotti
freshman
graphic design



"I'll be sleeping all day."

• Jason Hindle
junior
political science



"Recovering from the weekend."

• Bryce Archer
senior
health & fitness



"I'll be enjoying my day off before finals."

• Andrea Salzburg
junior
psychology



"Sleeping and studying."

• Kirsten Marshall
sophomore
ed. ed./ psychology

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Thursday, December 11, 1997

Equinox

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Happy holidays to all at Keene State College from good old Saint Nick

Guest Commentary

Well, ho ho ho! Happy holidays to all of you! I must admit that I was surprised when I was asked to write a commentary for The Equinox of Keene State College, but I thought I'd take time out of my busy schedule to write a few lines.

Keene State has always been a special place for me. After all, my outfit is red and white, just like your school colors (because of that, I'm worried about stopping at Plymouth State this year).

Keene State is certainly a lot bigger now than it used to be, back in the old days. (Speaking of those days, I wouldn't say that your mail service is slow, but I finally got college President Wallace E. Mason's wish list in the mail yesterday.)

College students have always been favorites of mine. After all, you never try to sit on my lap, and if you do, you don't bawl your eyes out. The worst you do is pull my

beard to see if it's real. It is, so stop!

But college students are a bunch. I especially like stopping by some of the off-campus houses on that special night. It's always a welcome relief from all of the blasted milk and cookies I'm subjected to the rest of the night! (Hey, I'm only human. I've got to do something to help keep myself warm!)

My experiences at Keene State over the years haven't always been wonderful,

though. I was very happy to learn that you are planning on fixing the roofs on the Owls' Nest 2 one year. It took three elves and a reindeer (Cupid, if you wanted to know) to pull me out of there. I've always felt sorry for whoever was charged for that hole (I hear the pipes still leak).

Also, the only chimney on campus big enough for me to slide through is the giant smokestack next to Huntress Hall, and you don't even want to know where that leads to.



Santa Claus

Also, last year my elves were inspired by the yearly visit to Keene State and started up their own fraternity.

Not that it's a bad thing. I'm all for it, but they recently decided that between Sunday and Thursday, they'll stop making toys.

I really wish that you'd finally fix that little problem you have by the dining commons. Not even Rudolph, with his red nose, can see through all that thick steam or smog or smoke or whatever it is that billows out of there. Smells bad, too.

I also wish you would tell me where, exactly, I'm supposed to park my sleigh. They told me they were out of parking decals, and

there are no sleigh lots on campus.

I returned to the sleigh once and found a \$30 parking ticket attached to Blitzen's nose! I pleaded with them that I was just stopping for a minute, I even left the sleigh running with the flashers on, but it didn't work. Guess who is getting coal in their stockings this year!

Nevertheless, the stop at Keene State is always one of the highlights of my yearly trip. I've checked my list twice already and you have all been good little girls and boys. Well, most of you, anyway.

I've got special gifts for Keene State this year. I wanted to give Keene State some nice, new parking spaces, but I can't figure out a way to fit them in Dr. Y's stocking. Sorry about that!

Actually, I hear that Residential Life doesn't necessarily want students to hang stockings in front of fireplaces. I guess I can't blame them, residence halls are expensive.

see SANTA, page 8

Letters to the Editor

Thanks for making AIDS day special

All too often we hear when something goes wrong or there is some other complaint.

This is about the wonderful World AIDS Day program made possible by the outstanding support from the Keene State College campus and greater Keene community.

My heartfelt thanks to all the people who worked on and attended the tenth World AIDS Day events on December 1, 1997.

Thanks to Dr. "Y" for his letter of support; to Vice President Delina Hickey for sponsoring Rob, our HIV+ guest speaker; to Pamela Bond and Kerri McKinnon for sharing their thoughts; and to Patrice Streifert and Karen

Cangialosi for their beautiful song selection.

Special thanks to the Greek Senate and individual Greek organizations who supplied the refreshments, made the World AIDS Day banner, made red ribbons for campus members to wear, attended the program, and have pledged contributions to the Keene State HIV-AIDS Memorial Fund.

Thanks to the "behind-the-scenes" helpers: Residential Life staff, especially Pam Bond and Kim Schmidt-Gagne; Student Center staff Mark Gempler and Patrice Streifert; Peter Hartz, Grounds Lead Worker; and Beth Mundahl of the Counseling Center.

The incredible amount of effort of Michelle Surdoval of the American Red Cross, NH

West chapter, needs to be acknowledged. She led the program, arranged for Lindsey Warren to read Governor Jeanne Shaheen's proclamation, worked with the Acting Out theatre group, contacted the guest speaker, and planned the interactive exercise.

AIDS Services for the Monadnock Region was responsible for planning the spiritual service, the Central Square candlelight vigil, and the march to Keene State.

It was wonderful to have Keene State and the greater Keene community celebrate World AIDS Day together.

Karen Wilson
certified health education
specialist
Keene State Health Services
see LETTERS, page 8

Despite all the hassles, it's gratifying in the end

Staff Commentary

It's almost as if someone locked me in a room for four months and made me listen to the same song over



Keith Moriarty

and over again. This has been, without question, the longest semester of my life.

Don't stop reading yet, there's a point to this self-pity.

This paper that you're holding in your hands is a lot more than 32 pages of type and pictures. It's the end of a semester's worth of hard lessons and harder decisions.

Time once again, as I said in September, to pay the fiddler for a song I didn't even like.

But wouldn't you know, everything has its purpose. And the purpose of this semester was to teach me exactly how much fun one can have while doing a thankless job such as mine, and find time to attend classes (90 percent of the time, anyway).

Granted, this has not always been easy. I've dealt with my share of angry letters and phone calls, most of which have come from my fellow students. The concept of "instant gratification" was entirely lost the second I first stepped into the office as executive editor.

But while I found it hard to take pride in the paper as it rolled off the press, like I did back in the day, I have learned that the rewards do come.

This obviously doesn't just apply to me. Look at yourself for a moment and where I say "The Equinox," or "the paper," substitute something you labor over endlessly and for which you receive very little thanks.

Day to day, it may not seem worth it until you tell yourself it is. And even if you have to tell yourself, that's good enough sometimes. But you don't always have to tell yourself.

Recently I was talking to a friend of mine, and he told me that no matter how much this job sucked, I had a tremendous amount of responsibility, and I should be proud of that. He's absolutely right. Not everyone would be willing to do this, and stand up for one's convictions without getting a totally overblown ego.

Everyone should take a degree of responsibility in his or her life. It builds character. Yeah, I know I sound like some kind of mail-order therapist,

see GRATIFYING, page 8

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Advertising deadline is 5 p.m. the Thursday prior to publication.

The Equinox reserves the right to refuse advertising for any reason, advertising is not accepted until it appears in the paper.

Letters to the editor are due by noon the Friday prior to publication. All letters must

include name and phone number for verification.

The Equinox reserves the right to edit for style and length, and refuse any letters to the editor.

For clarification or additional information on any of the above policies, call 603-358-2414. The Equinox business office is open Monday and Tuesdays from noon until 6:30 p.m., and Wednesday and Thursday from 2 p.m. until 6:30 p.m.

Gratifying

• from page 7

it's true. Four months ago I would have immediately focused my eyes on the nearest floor tile if someone I didn't know spoke to me.

And even though this commentary is one of the few places I'm willing to express myself these days, I no longer feel like I'm going to explode if someone strikes up a conversation with me.

Who would have thought that a newspaper with a small circulation at a liberal arts college in New Hampshire could do that for someone? Not me.

Blah, blah, blah. As I say, there is a point to this mind-numbing prattle that you're being subjected to.

The Equinox has slowly been changing its face this year, and while I often still focus on the negative things, not everything has been bad.

This puts me in a unique situation. I have the last two years to look back on, and I rarely thought we were getting it right. The absence of the red light on my phone doubled that up. Both of my most recent predecessors told me, "if you're not getting phone calls on Thursday, you're not doing your job." Wrong.

The Equinox, I feel, is no better or worse than it has been since our big "rebuilding" year (1995-96), or since the "growth" year (1996-97). It's just

different. People had their shot before, and now I'm taking mine.

The funny thing about the newspaper is, it's a job.

It's not just a class (the amount one learns doing this is actually equivalent to three or four courses, some of which may have odd names like: "Getting 30 people who barely know each other to essentially to the same thing 12 weeks in a row without screwing up once"), it's work, damn it.

And it's something you're supposed to master very early on. In addition to that, there is no time clock involved. I regretfully cannot go anywhere in Keene as anything but the editor of this paper.

But it's not so bad. I think my staff does a good job.

Yeah, I know, The Equinox has its faults. We miss news. We run a lot of wire stories.

Sometimes we don't communicate with each other well. And we really cannot (sorry, Carry!) copy edit to save our souls.

But in the coming semester, look forward to improvements in these areas.

We have acknowledged our weaknesses and have now set out to change them. One at a time.

It's been a long semester. And sometimes I do feel like I'm listening to the same thing over and over again, but that stuff gradually became part of my subconscious (paging Aldous Huxley...). I learned things. I met a lot

of cool people.

The term "instant gratification" has recently re-entered my vocabulary. Every Thursday afternoon, folks, that's when it comes.

I don't know about any of the projects other people do. I don't know if anybody else feels the way I do when the work is done, but for a few hours on Thursday, everything looks alright from where I stand.

Keith Moriarty is a Keene State College junior majoring in English and is the executive editor of The Equinox.

NOTICE

The Equinox will not be published for the next few weeks because of the semester break.

(As no one will be here to write it.)

Our next issue is planned for February 5, 1998.

It's that time again...



Equinox photo by Sheila Griffin
Junior Isaac Braley, left, and freshman Amy Hoppes, right, put in some time studying at the Mason Library.

know for a fact there is stuff to do, it's all around us.

Take for example this past weekend. There was a talent contest, a karaoke dance, and a very well done winter festival. During the week there is something every night whether it be football, a movie, or comedy night.

Then there are all the huge events that are put on by group organizations such as KSCPride's Coming Out Dance, Eta Gamma Chi's Wicked Brew, and all the events SAC puts on throughout the year. (Hint: all of these events are \$5 or under, sometimes free!)

Home sports events anyone? Most of the Residential Life staff also works very hard providing socials and informative programming for all students, that happen almost every night of the week.

So, these events don't involve beer and clouds of second-hand smoke, but what you gain from these experiences is much more.

Anyone could tap a keg, play music, and call it a well-planned cheap way to have fun and meet people, however the students who work hard to provide these events on campus would beg to differ.

So I encourage all of you to get involved in your community, and if you are still not having fun, join AA because there is more to college than just beer.

Shannon Beth Harrington
Keene State College student

There's no excuse for boredom at Keene State

As an RA here at Keene State, the complaint I receive most from residents is, "there's nothing to do here." All I have to say is that if you are bored at Keene State then you are not getting involved.

I could fill every page of The Equinox listing all of the campus groups, organizations, and councils. I

Letters

• from page 7

KSC athletic teams need more respect and support

This is in response to a December 4 article suggesting that the Keene State College Athletic Department is obsessing over the Plymouth State College rivalry.

It's hardly obsessing that John Ratliff is doing. He is trying to get people interested in Keene State athletics.

Attendance to all Keene State sporting events has been sad at best the past few years, including this one.

Our men's and women's soccer teams made it to the NCAA tournament.

The field hockey team went to the ECAC finals and the men's cross country team WON the ECAC's.

Our men's basketball team is picked first in the Little East conference and the women fifth. But nobody seems to care.

Keene State athletic teams aren't doing all that bad, and deserve the respect and support of the student body.

They are putting on a show, but there is no one there to see it but a few loyal parents and roommates.

For most students, the only link between them and the sports teams is The Equinox. If you as a paper show interest and respect, they are bound to

Carrie Trudeau
Keene State College student

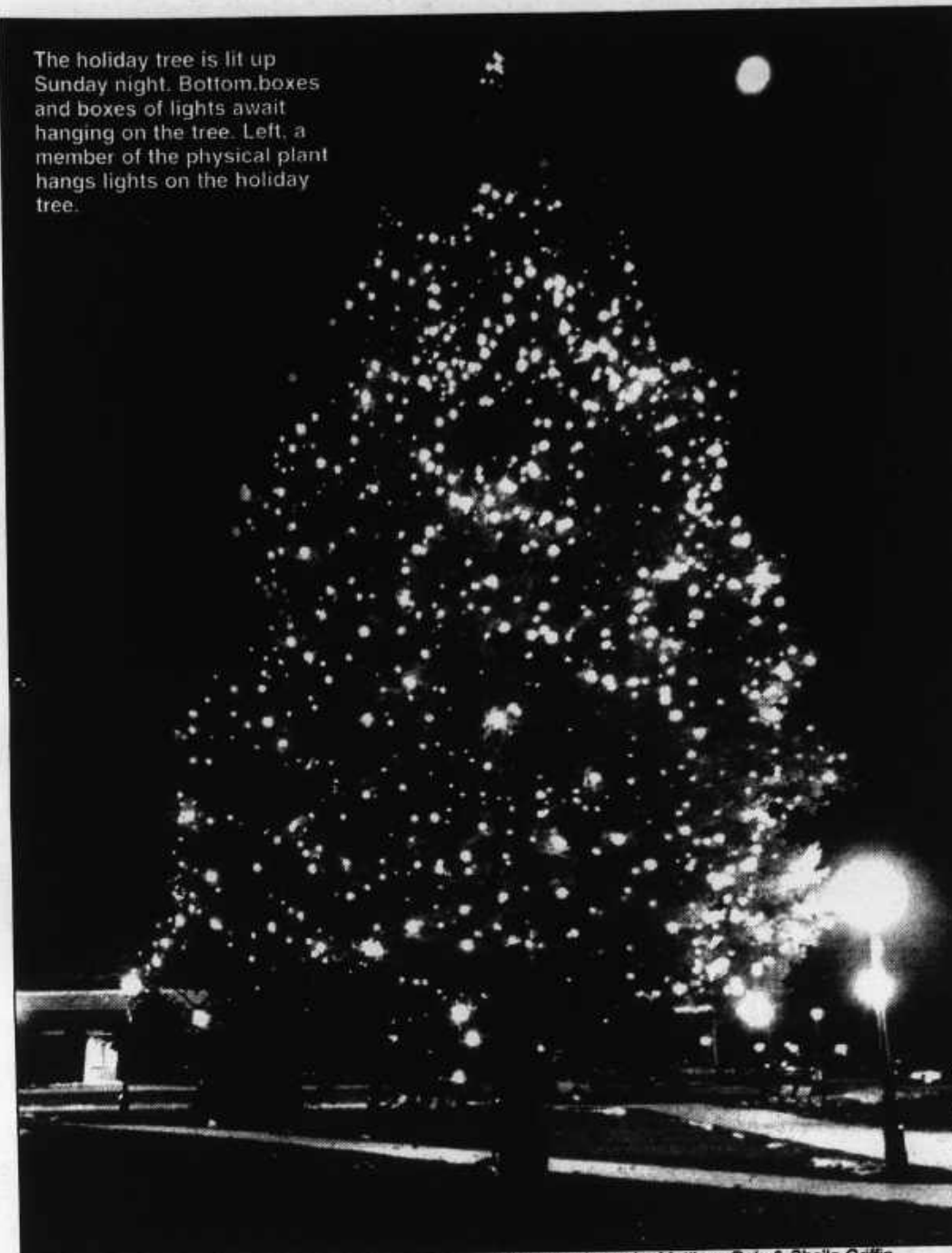
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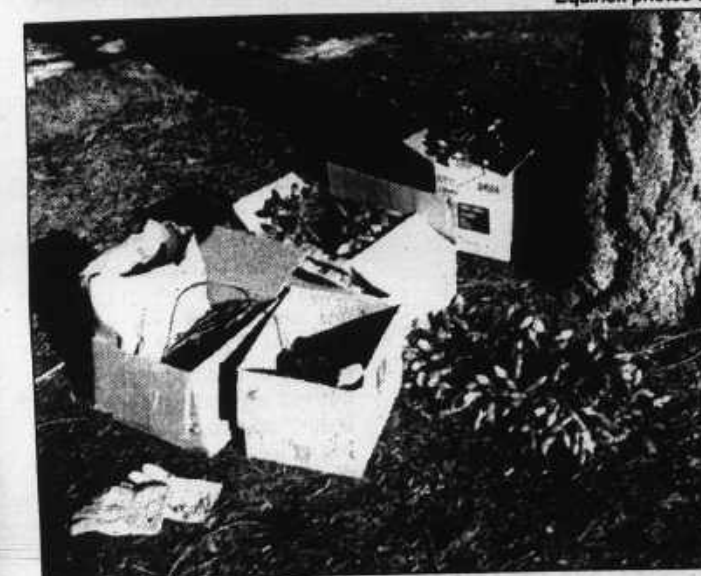
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'Tis the season

The holiday tree is lit up Sunday night. Bottom boxes and boxes of lights await hanging on the tree. Left, a member of the physical plant hangs lights on the holiday tree.



Equinox photos by Matthew Daly & Sheila Griffin



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A
Special
Holiday
Treat

Alcohol

• from page 4

Like most problems affecting the population, there are solutions which just involve a bit of looking to find them.

Recovering from the disease

Reis tried to quit. He said his first attempt at quitting the drinking habit was when he recognized that alcohol was a major factor in his life. This was not to work, however, because of peer pressure. "My wife and I would go to functions and I had to have a drink," he said. "The pressure of others as an adult still influenced my choices."

He said he tried explaining the feeling of helplessness to others, but they would never be able to know what he felt.

Then one night, Reis had had enough.

After a year and a half of separation from his wife, not from as a result of his drinking, he went to a company function alone.

His drinking had escalated to the point where he could not manage it anymore.

"I went home and called my wife for help. I needed help," Reis said. She hung up on him so he went to her condo and asked for help.

Because of a restraining order on him, he was sent to jail and after going through Detox, he realized there were two ways he could go in his life.

"I could surrender and seek professional help, or I could continue living the life I was living and end up dead," he said. "Surrender was the hardest thing I have ever done."

For Reis his surrender led to success. He has gone 20 months without alcohol, and able to know what he felt.

while he says it is a struggle everyday, he is not going to go with the norm again. He said the times are changing and high-risk drinking is no longer being viewed as acceptable.

Education and support available

Recovering from an alcohol addiction can be one of the hardest things for anyone to do in their entire life, however, it is important to realize that there are people willing to help.

There are many means for people with an alcohol problem to get over it.

For students, there is the Counseling Center on the third floor of Elliot Hall.

All Keene State students are entitled to counseling there at no cost. They are on-call, seven days a week, and any student can call with concerns they are having about substance abuse, or any other per-

sonal problems.

But what could lead a student to go to the Counseling Center in the first place?

"There is a trigger of some kind. They have lost something in their life which triggers that they have hit their bottom," Mundahl said.

What the Counseling Center will do, Mundahl said, is listen to the problems the students are having, find out about their background, and to give them ideas of how to get help for themselves.

But the main thing they do is listen.

"We take a look at how they spend their time, and how they will fill it," Mundahl said. "Students have to learn non-addictive ways to get over stress."

She said she helps students find new ways of problem solving, identifying alternatives around social systems, and continues to help support

students in social situations.

Reis said the first step to getting over an alcohol addiction problem is through education and admittance.

The alcoholic must admit they have a problem.

"People who are recovering need to be proactive. I am an admitting alcoholic. A lot of people don't admit to their addictions. If we're going to change people's attitudes toward substance abuse, people need to come forward," Reis said.

Reis said even if he had been educated about alcohol and all the factors involved, he still would have made the wrong choices because of the pressures and lack of a support system.

"You can have all the education, but if there is not the support to help students who are vulnerable, it will never work," Reis said.

Other resources are out there

One resource out there which does provide support for anyone looking to recover from an alcohol problem is Alcoholics Anonymous.

According to an Alcoholics Anonymous member, the program is for people who want treatment but do not necessarily need it.

People who come to Alcoholics Anonymous do so because they realize they must make the decision to stop drinking for themselves.

Members of Alcoholics Anonymous all gain strength from each other in overcoming their disease.

The program works because of the power of numbers, people helping each other, and the only requirement to join is a desire to stop drinking.

Another Alcoholics Anonymous member said she used the program and did what she was supposed to do and tried to pursue a relationship with a higher power through working the steps.

"It's a lot of hard work, but it pays off in the end," the Alcoholics Anonymous member said.

Matthews said Alcoholics Anonymous is not therapy, but assists in supporting the goals of someone in therapy.

There are other means of students recovering from an alcohol abuse problem, such as Rational Recovery, which is based on the strength of the individual, and uses a humanistic approach, also the Marathon House of Keene, and the Newman Center, where some Alcoholics Anonymous meetings are held.

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1997

Arts & Entertainment

A musical week at KSC

It started with KSC Chamber Singers and Concert Choir



Equinox photo by Lynn Kimecek

STACEY ANDERSON
The Equinox

... as the Concert Choir and Chamber Singers performed their annual December concert.

The Choir, under the direction of Gladys Johnson, associate professor of music, accompanied by KSC artist-in-residence pianist George Loring, presented the music of Benjamin Britten, Gustav Holst, Zoltan Kodaly, Johannes Brahms, and Wolfgang Amadeus Mozart.

"Just to be able to present this is an accomplishment," said Johnson.

Johnson, in her second year with the choir and her fifth year at KSC, is trying to bring a variety of experiences to the students, including Latin American music next semester.

Loring, a pianist for 38 years, said the combination of the talents of Johnson and Chamber Singers director Carroll Lehman make for a great experience. He noted that Lehman is concerned with the educational aspect while Johnson is working toward expanding horizons.

"It's been very rewarding to see the choir grow... it's difficult music," said Loring.

He used synthesizers to create the sound of an organ and a n't play piano at all.

The Choir performed five selections, including "Rejoice

"It's been very rewarding watching the choir grow... it's difficult music," said George Loring, KSC Concert Choir Accompanist.

in the Lamb," with guest artists Jim McGee, tenor; and Pamela Stevens, alto; professor of music Carroll Lehman, bass; and Brandon Norman, male soprano.

Lehman, a KSC faculty member of 20 years, was invited to perform with the choir. He has always played a large role in the Chamber Singers, but performing with the choir is an extraordinary experience.

The Choir also sang "Ceremony of Carols," featuring student soloist Nicole Gosku and student conductor Vanessa Rousay.

Philip Edwards, a junior in his fifth semester said the more challenging music is a lot more fun.

The Choir performed Gustav Holst's "Christmas Day," with student soloists Joseph Zellea, Anne Marie Powers, Vennessa Rousay, Tracy Lapcevic, Tracy Condi, and Rebecca Manheek.

The Choir's Men's Chorus sang Johannes Brahms' "Lullaby," conducted by student conductor Jarett Zellea.

Zoltan Kodaly's "Kyrie" from the "Missa Brevis" features a small women's ensemble composed of Carryl Hausen, Rebecca Manheek, Megan Gorman, Jessica Clegg, and Melissa Deppe.

Melissa Deppe, a sophomore in her third semester with the Choir, said one of the best things about the group is that it is so diverse and is not all music majors.

The Chamber Singers, a small group of singers selected by audition from the Concert Choir, were selected for their dramatic and singing ability to perform opera. They presented two scenes from Mozart's comic-opera "Cosi fan Tutti."

The singers and their roles are: Rebecca Manheek, soprano, as Despina; Tracy Lapcevic, soprano, as Fiordiligi; Anne Marie Powers, mezzo soprano, as Dorabella; Jarett Zellea, tenor, as Fernando; Philip Edwards, baritone, as Guglielmo; and Joseph Breault, baritone, as Don Alfonso.

These six performers shined on the brightly lit stage as their music and presence filled the Alumni Recital Hall. Performances like this, although rare at Keene State, are always a welcome pleasure.

We're through

Look for more continued coverage of the campus community when *The Equinox* returns in February.

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Arts & Entertainment



Equinox photo by Steph Majewski
Don Baldini, conductor of the Jazz Ensemble, sets the pace as they rehearse for their Wednesday concert.

Enter, the band

KSC Jazz Ensemble in concert

COLIN REILLY
The Equinox

After months of rehearsal, the Keene State College Jazz Ensemble brought all of their practice to an end yesterday as they came to readiness for their annual winter concert.

This ensemble, directed by Don Baldini, is a conglomerate of music majors and non-majors alike. The ensemble has been under Baldini's direction for four and a half years. And with eleven new members this year, the band, as Baldini put it, is enjoying a "new freshness and enthusiasm."

The ensemble's performance line-up included such jazz classics as Glenn Miller's "Little Brown Jug," Duke Ellington's "Take the 'A' Train," and Charlie Parker's "Now's the Time." The talents of Jason Koerber on clarinet are showcased on Artie Shaw's "Begin the Beguine," while Thelonius Monk's "Round Midnight" sheds the spotlight on Cory Autoue's flute abilities.

There are certain criteria that must be met when choosing works for this performance.

"First, I think there is a body of Big Band literature that the kids should be exposed to," said Baldini. Pieces that are both fun and

educational, as well as pieces that fit certain requirements for soloists, are searched for. "I like to throw in a salsa piece as well, which I think is the most fun for both [the musicians] and the audience," said Baldini.

Another key feature of this performance is the vocal stylings of crowd favorites Shannon O'Connell and Jim Fothergill, as they and other musicians bring life to such standard pieces as "Just Friends," "Hit the Road Jack," and "Baby, It's Cold Outside."

Walt Sayre, a teacher at Fall Mountain Middle School, who has joined the ensemble on trombone for the past three years, gave his contribution this year as well.

Baldini, who has come to Keene State after playing bass with such musical greats as Frank Sinatra, The Harry James Band and Johnny Mathis, as well as spending 13 years with NBC's "The Tonight Show" Orchestra, enjoys the ever-changing nature of this group.

"Every year the band changes and we're always getting different feels with all the different people," Baldini commented, prior to the concert. "I'm looking forward to this being one of the best concerts we've ever done."

Bring out the guests

Arts Center hosts High School Band invitational

DANIELLE HAYFORD
The Equinox

James Swearingen, a renowned contemporary composer, will be at Keene State College tomorrow. He is involved with the tenth annual invitational band festival.

Four regional high school bands have been invited to play in the festival. They will be playing some of Swearingen's works including "Exaltations," a powerful piece of music that has been known to leave audiences in awe.

This festival, put on each year by the Keene State is a great opportunity for high school students to meet with American composers and to play for them. They also get the benefit of using the facilities at the Redfern Arts Center and to visit the college.

Along with the high school band performances there will be Keene State music ensembles playing throughout the day.

Swearingen will be on hand to conduct the bands, provide clinics and speak to students.

He is currently a professor of music at Capital University in Columbus, Ohio. However, in his time as a composer, he has written over 100 works for contemporary symphonic band.

After a day of full of music, there will be a show by the Keene State College Concert Band at 8 PM.

Doug Nelson, musical director and professor of music here at Keene State will be conducting. They will play several classic pieces including Frank Ticheli's, "Amazing Grace."

For the second half of the program, Swearingen will take the stage to conduct three of his own pieces: "Deep River," "The Light Eternal," and "Visions of Majesty." He will also be sharing program notes between pieces.

The all day festival will be held in the Main Theatre of the Arts Center starting at 10 am. It is free and open to the public.

The Keene State concert band will be played starting at 8pm. Tickets are \$7 for the general public and \$5 for students with an ID, senior citizens, and youth 17 and younger.



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Thursday, December 11, 1997

Equinox

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Some view credit firms as predators

GREGORY LA FORGE
American News Service

Like many freshmen, Amy Maxwell arrived at college without a credit card, but applying for some proved no problem, and by the end of her first year at American University in Washington, D.C., Maxwell had three Visa cards.

Along with the plastic, she also had a credit card bill of \$17,000, run up by eating with friends at restaurants twice a week and shopping for clothes, compact discs and videos in suburban Virginia and Maryland.

She's now working full time to pay off the debt and attending college closer to home in upstate New York.

"I applied for and received

three Visa credit cards," said Maxwell, 21. "One had a limit of \$2,000, one of \$5,000 and one for \$10,000. I managed to max out all three during my first year at school. I truly believe I am a victim of credit card companies."

Maxwell, who told her story in a series of letters to New York legislators, isn't the only one who sees herself as a victim.

Credit card debt among college students has become so worrisome lawmakers in at least three states are considering legislation that would prohibit credit card vendors on the campuses of publicly funded institutions. Colleges, too, are looking for solutions and in some instances are barring marketers from campus.

"Credit card companies have saturated the market, and college kids are the only market left," said Roger Witherspoon, vice president for student development at the John Jay College of Criminal Justice in Manhattan. "Kids are dropping out of school, and their credit is ruined for life. Their parents have to pay off their debts. They're not using credit cards for emergencies but for day-to-day situations."

Witherspoon has barred credit card vendors on campus and is among the proponents of a bill pending in the New York Legislature that would ban credit card marketers on all State University of New York and City University of New York campuses.

The proposal would prevent



Equinox photo by Steph Majewski
Many students view credit card firms as predators on campus. Checks are another way of making payments.

vendors from setting up tables and passing out free items to entice students to fill out credit card applications.

The average credit card debt is \$2,226 for undergraduate students and \$5,800 for gradu-

ate students, according to a May survey by Nellie Mae, the largest nonprofit provider of student loans based in Braintree, Mass.

see CREDIT, page 28

Policy

• from page 3

Jim Carley, the associate director of Residential Life, said, Carley said despite the level of talk over the office's alcohol policy, the number of alcohol violations and disciplinary actions is no higher than previous years.

"I don't know that I see anything different in this year's staff compared to last years and the year before that," Carley said. "There is getting to be a higher appreciation over the alcohol issue, but I don't put a whole lot of faith in rumors."

Much of the "talk" regarding this year's situation has to do with incidents, with Delta Nu Psi, which took place far from campus.

One RA, speaking anonymously, said the incident with the inter-fraternity sorority and other similar incidents have made RAs over the legal drinking age of 21 nervous about attending parties, visiting friends, or going to bars where they may unwittingly encounter minors.

"The only safe place left for me to drink is in my room," the RA said. "If I walk into a bar and recognize a resident that's underage in the crowd, I have to ask them to leave, or leave myself."

The RA said he no longer attends social functions for fear of being terminated and losing the RA position's \$4,300 a year room, and board stipend he relies on to stay in school.

Miller said avoiding situations which conflict with the Work Agreement is a major

responsibility all RAs should be aware of when they decide to take on the job.

RAs are expected to follow the rules and conduct themselves accordingly to protect the credibility, responsibility, and honesty their position represents, Miller said.

"RAs need to avoid any behavior that compromises their ability to be an effective role model and enforcer," she said.

But some RAs said the perfect image they're supposed to convey is unrealistic.

"If they're expecting our conduct to be above reproach, the perfect guy died about 2,000 years ago," RA David Farr said. "I'm sure when he comes back, he'll make a perfect RA."

Farr said the RA position is a job he takes seriously, but no college students doing a college job should be expected to have perfect conduct.

But Miller said the rules involving conduct as well as the rest of the provisions within the Work Agreement are all reviewed and approved by the Resident Assistant Organization, which is a body of RAs which helps Residential Life develop its policies.

Most RAs under disciplinary measures also agree with Residential Life's policies to one extent or another.

Traci Butler, the president of Delta Nu Psi, and an SRA



Miller

asked to resign after the incident in November, said she understands and agrees with Residential Life's verdict.

Although Butler was not inside the building while any alcohol violations were taking place, and even though she was not consuming alcohol that night, she was asked to step down as an SRA due to a conflict between her job as an RA and her job as president of the intra-fraternity sorority. This conflict ultimately made her responsible for violations in the eyes of the Residential Life Office.

"What happened to me was fair," Butler said. "I never thought my position as president would put my job in jeopardy, but Residential Life did what they needed to do to uphold and enforce the rules."

But some RAs said what happened to Butler was wrong. "She wasn't asked to step down for any kind of wrongdoing. She was asked to step down because of her affiliation with a Greek organization. What kind of precedence does that set?" an RA said.

Miller said the loss of an RA is always a difficult decision for her office.

Before disciplinary action takes place, an RA's Residence Director consults with Carley to review the specifics of the incident and apply the details to past incidents to maintain a consistency of disciplinary measures, Miller said.

Most of the time, punishments amount to probation or letters of warning, but in matters concerning flagrant policy violations, RAs can be fired. Terminated RAs may appeal to Miller for a review of their punishment, Miller said.

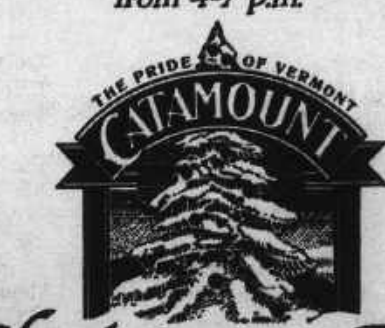
A forum to answer questions concerning the Work Agreement was open to all RAs was held December 1 and 2, she said. Ten people who came to the forum were RAs that had received some form of disciplinary action this semester, she said.

The Work Agreement policies have worked up to this time, she said, and there is no

talk within the office of changing any provisions within it.

However, some RAs are talking about ways to change the policy so that RAs can lead less restricted lives, an RA, said. "I don't want anyone's written anything down, but a lot of RAs are talking change," the RA said.

Free Catamount Sampling!
Thursday, December 11, at Paks
from 4-7 p.m.



Christmas Ale
Prizes and giveaways talk to the brewmasters!
Also Catamount Specials:
\$4.99 six pack \$19.99 case
All flavors of Catamount

Calendar ~ December 11 - 17

Thursday, December 11

Forgotten Silver
7 p.m. @ Putnam Arts Lecture Hall
Arts Center

Men's Basketball
vs. Endicott College
7 p.m. @ Spaulding Gym

Augusta Brown
@ Elm City Brewing Company
222 West St., Colony Mill Marketplace
Keene
355-3335

Open Mike Night
8:30 p.m. @ Mole's Eye Café
4 High Rd., Brattleboro, Vt.
(802) 257-0771

Saffire - The Uppity Blues Women
7 p.m. @ The Iron Horse
20 Center St., Northampton, Mass.
(413) 584-0610

Friday, December 12

Career Girls
7 & 9 p.m. @ Putnam Arts Lecture Hall
Arts Center

10th Annual Invitational Band Festival
10, 11 a.m., 1 & 2 p.m. @ Main Theater
Redfern Arts Center
358-2177

KSC Concert Band
8 p.m. @ Main Theater
Redfern Arts Center
358-2168

Art Steele Band
@ Mole's Eye Café
4 High Rd., Brattleboro, Vt.
(802) 257-0771

Capercaille
7 & 9:30 p.m. @ The Iron Horse
20 Center St., Northampton, Mass.
(413) 584-0610

Saturday, December 13

Francetown Contra Dance
8:30 p.m. @ Francetown Town Hall
478-3488

Johnson Boys
@ Mole's Eye Café



Courtesy Photo

"The Nutcracker" will be coming to the Colonial Theatre Saturday, Dec. 13 and Sunday Dec. 14. It will also run at the Jorgensen Auditorium in Storrs, Conn. on Saturday, Dec. 13.

4 High Rd., Brattleboro, Vt.
(802) 257-0771

The Nutcracker
2 & 7 p.m. @ Jorgensen Auditorium
2132 Hillside Rd., U-104
Storrs, Conn.
(860) 486-5795

Women's Basketball
vs. UMass-Dartmouth
1 p.m. @ Spaulding Gym

Men's Basketball
vs. UMass-Dartmouth
4 p.m. @ Spaulding Gym

Career Girls
2, 7 & 9 p.m. @ Putnam Arts Lecture Hall
Arts Center

Saturday Night Jive Talent Show
7:30 p.m. @ Mabel Brown Room
Student Center

The Nutcracker
2 & 7 p.m. @ The Colonial Theatre
95 Main St., Keene
352-2033

Mountain Dew Vertical Challenge
@ Okemo Mountain Resort
77 Okemo Rd., Ludlow, Vt.
(802) 228-4041

Ellis Paul
plus Peter Mulvey
7 p.m. @ The Iron Horse
20 Center St., Northampton, Mass.
(413) 584-0610

Abdul Baki and New Roots
10 p.m. @ The Iron Horse
20 Center St., Northampton, Mass.
(413) 584-0610

Sunday, December 14

Career Girls
2, 7 & 9 p.m. @ Putnam Arts Lecture Hall
Arts Center

7th Annual Tuba Christmas 2:30 p.m.
@ Young Student Center
atrium
358-2182

The Nutcracker
2 & 7 p.m. @ The Colonial Theatre
95 Main St., Keene
352-2033

Half & Half I Snowboard Event
@ Okemo Mountain Resort
77 Okemo Rd., Ludlow, Vt.
(802) 228-4041

Richard Shindell
7 p.m. @ The Iron Horse
20 Center St., Northampton, Mass.
(413) 584-0610

Monday, December 15

Reading Day

Monday Morning Coffee Break
9 - 11 a.m. @ Night Owl Café
Student Center

Finals Begin 6:30 p.m.

Career Girls
7 p.m. @ Putnam Arts Lecture Hall
Arts Center

Monday Night Football
7 p.m. @ Night Owl Café
Student Center

Nightnoise
7 p.m. @ The Iron Horse
20 Center St., Northampton, Mass.
(413) 584-0610

Tuesday, December 16

Casual Study
7 - 10 p.m. @
Night Owl Café
Student Center

Career Girls
7 p.m. @ Putnam Arts Lecture Hall
Arts Center

Wednesday, December 17

Career Girls
7 p.m. @ Putnam Arts Lecture Hall
Arts Center

Casual Study
7 - 10 p.m. @ Night Owl Café
Student Center

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Students living in a material world

MAGGIE WELTER
College Press Service

College students who scrape by on macaroni-and-cheese dinners and spare change may not be the norm on every campus. In fact, many students say they aren't about ready to deny themselves some of life's luxuries, such as cars, CDs and the latest fashions.

Just ask the students at the University of California at Los Angeles. In a recent survey, UCLA students rated themselves one of the most materialistic campuses in the nation.

After a national survey of freshmen last year indicated college students everywhere were becoming increasingly materialistic, students in UCLA's anthropology depart-

"They expect more than kids did a decade ago because parents are able to give them more. I don't think it's a local thing."

• Kathleen Kantak
associate professor of psychology at BU

ment decided to gauge how students at the university viewed their consumption habits. The non-scientific, random survey questioned students about their spending habits, favorite possessions, and how those items helped them create a self-identity.

More than three out of every four students surveyed, or 77 percent, defined themselves as materialistic. About 36 percent of students said they were preoccupied with acquiring the latest fashions, fancy cars, jewelry and other toys, so they could become part of a group.

An equal number felt they were

materialistic because they were at college so they could earn more money and buy more goodies.

The findings, published in a report titled "Consumption, Materialism and Identity," came as a shock to anthropology professor Rudi Colloredo-Mansfeld, who directed the project.

"I was surprised," he said. "I was expecting students to talk more about the impoverished side and how they have to work jobs in addition to school."

But are only UCLA students — whose campus, after all, is only a few miles away from

Beverly Hills' Rodeo Drive and the movie-star mansions of Bel Air — obsessed with

money and the things it can buy, or are other students, too? While UCLA students may seem

to represent the extreme, students in general may be more materialistic than past generations, says a Boston University psychology.

According to Kathleen Kantak, associate professor of psychology at BU, the sun-filled image some students have of UCLA is partly attributable to shows such as "Beverly Hills 90210" and "Melrose Place."

"Television presents an ideal, stress-free life in Los Angeles where everyone has nice things and the top concern is looking pretty," Kantak said.

But she said she doesn't think preoccupation with material objects is unique to UCLA. "College students in general have more things. They drive nice cars and wear nice clothes."

"They expect more than kids did a decade ago because parents are able to give them more," Kantak said. "I don't think it's a local thing."

Some UCLA students, says student-researcher Alicia Goodyear, felt they need to buy things such as clothes, CDs, and other objects to relieve stress, create self-identity and become part of the group.

Even though "materialism" often carries a negative connotation, many students saw nothing wrong with it, according to Goodyear.

"UCLA students are materi-



alistic. We are materialistic in every sense of the word," she said. "We eat, drink and breathe material consumption every single day. And guest what, that is 100 percent OK."

In fact, respondents rated clothes as their favorite status symbols, and about 20 percent said shoes and apparel were

see MATERIAL, page 22



Equinox photos by Matthew Daly



EMERALD COURT
JANUARY APARTMENTS AVAILABLE
1 BR Heat, Hot Water, Electric, Parking - \$600/month
2 BR Heat, Hot Water, Parking - \$685/month
Roommate (male) wanted, to share 2BR
PARKING SPACES AVAILABLE FOR RENTAL
GREENWALD REALTY
55 Main St. 357-3035

HEY STUDENTS
homecooked meals sandwiches
steaks cold plates
prime rib salads
seafoods homemade pies
check out our daily specials
"full liquor license"
employment opportunities available
FAMILY TIES RESTAURANT
429 Winchester Street in Keene
Bring your valid KSC ID cards, and get a 10% discount!

Invoking the Gods of good luck for exams

Rituals to survive finals week

LISA BERTAGNOLI
College Press Service

Finals week means it's time to study, eat too much (or too little), freak out and indulge in a little ritualistic behavior.

When it's exam time, students around the nation report they'll try almost anything to invoke the gods of good luck.

"One student rubs a redhead before taking a test. Another writes to her mother before every test or 'she is cursed.' Still another student reported that she does not take a shower during finals week," says James Farmer, public information officer at Lamar Community College in Lamar, Colo.

Others take a more simple approach. "I pray a little more," says Mike, who's on the staff of the Orion student newspaper at California State University, Chico.

Believe it or not, a little ritual or two actually might help you pass that exam, says George Howard, a professor of psychology at Notre Dame

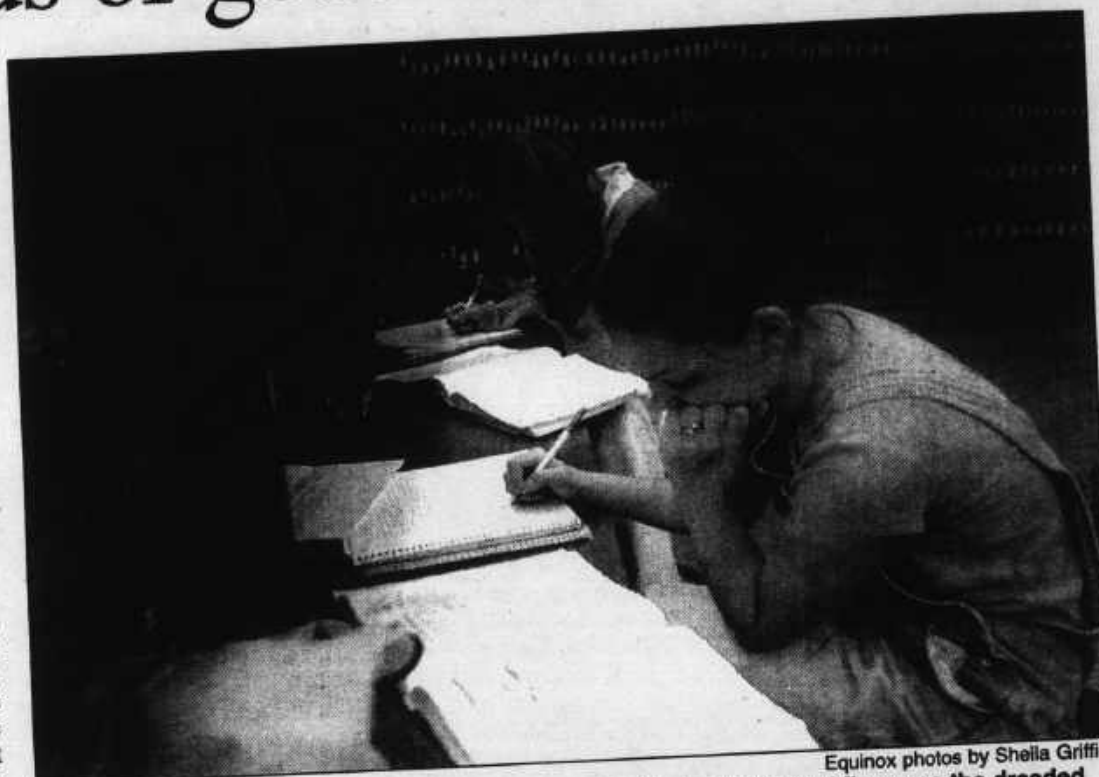
University in South Bend, Ind. "You want to do everything you can to be prepared, and if that means walking on the right side of something, then you're prepared," he explains.

Engaging in such rituals also can put a student in a good frame of mind, which is crucial for good test-taking, Howard says.

At many colleges, finals-week superstitions and rituals have been elevated to a campus tradition. Here's a sample of some of the rituals that superstitious students indulge in year after year:

- The smell of success. Test-takers at Colorado Electronic Community College are encouraged to wear a fragrance they've never worn before while studying, then wear it again while taking the final. "This actually works; our sense of smell evokes the strongest and most vivid memories," says college president Mary Beth Susman.

- "Of course on exam day the whole classroom smells like a fancy whorehouse," she adds.



Above, Khara Lobao and Becky Sutch, freshmen, hit the books in the library as the dreaded exam week approaches. Below, Erika Tabbert, a freshman, studies in the reference section.

- The primal scream. At 9 p.m. the Sunday before finals, the 8,000 or so students at Northwestern University in Evanston, Ill., throw open their windows and scream at the top of their lungs. It's been going on "since time immemorial," says Stefani Sarvadi, '99, adding that students off-campus let it all out, too.

- The petting zoo. A water fountain at Ball State University, Muncie, Ind., holds a statue of a small child holding a frog. Students rub the child's nose before taking a final for good luck. Similarly, students at Miami University in Ohio pet the little turtles that decorate a sundial on campus for good luck.

"Those turtles have very polished heads," remarks Claire Wagner of the school's news bureau.

- Watch your step. Miami University students also avoid a metal seal embedded in concrete in the middle of campus if they want to pass their first final. "Some people press their luck and jump on it, but most people stay away," says Melissa Morris, a Miami University graduate. Likewise, students at Bowling Green University in Bowling Green, Ohio, walk on the right side of the school seal for luck.

- Stay-away study area. Students at Baldwin-Wallace in Berea, Ohio, avoid a concrete study area built last year near the library. "People say that if you study near it, you'll



forget what you studied while you were there and fail your finals," says Jason Miller, '01.

- Light a candle about it. A grotto on campus at Notre Dame University, South Bend, Ind., gets a heavy workout during exam week, says Dennis Moore, director of public relations for the school. Students can light a candle if they wish, and during finals week the shrine blazes, Moore says.

"It's not superstition, though," he points out. "Eighty-five percent of our students are Catholic and they've been raised to turn to prayer when they need to get through something."

Equinox photos by Sheila Griffin

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Style Short on Cash?

Gift ideas, fifteen dollars and under

KRISTIE GUERIN
The Equinox

'Tis the season to be jolly, and give out lots of presents.

It's the season of giving that became the season of spending.

The only problem is money and how much of it you should spend on someone. Whether you're the Grinch or not, spending on others gives you that warm and fuzzy feeling inside, and here are some tips on what to buy for anyone.

Being a college student money may be scarce, so we go for our trusty credit cards, which from experience, I urge you not to do.

One can give a Christmas gift just by being creative, remember the thought is always there. Ten to \$15 is a good amount to spend and here are some ways to spend it.

BOOKS

Parents love them, and they don't have to be brand new either. The Mason Library gives them out for FREE right at the entrance. Now you're probably saying "why those books?" Tear some pages out, glue pictures in, paint the cover, use magazine pictures, make a collage out of it, give it a theme (like "our family"). They make good coffee table books people just want to pick up. New books you might consider as gifts are the "Guinness Book of World Record," "The Farmers Almanac," "Time Life has a line of books called "Life With Father" and "Life With Mother." They have great pictures of fathers and mothers with their sons and daughters, really nice, sentimental and tasteful.

Also for mother, if she is 50ish there's a book called "She's Come Undone," by Wally Lamb, it costs \$14.95 at Toadstool Bookstore in the Colony Mill Marketplace. I hear it's a book they just can't put down.

ORNAMENTS

Bring cheer every year when decorating the tree. If you give one,

take a permanent writing utensil and write the year at the bottom and the initials of whom it's for and whom it's from. This makes it an extra memorable gift. Plus, it will give them something to look back on ten years from now and see how much you cared.

PICTURE FRAMES

Idea #1 - You can do a lot with a basic frame. At any department store the inexpensive ones are only about \$3 to \$5. Instead of a picture to fill the space, find a poem or notable saying and a nice piece of paper (Staples has a good selection). Computer generate or write the inscription nicely, throw in some glitter or dried flowers, a Christmas tree branch, a little picture, a stamp or anything that will fit and put it together - how lovely.

Idea #2 - Get a picture of yourself on campus, go to Walgreens, they have a machine that does on-the-spot blow-ups (pretty good quality), and get a copy that will fit your frame. It will make your parents always remember where you are, at Keene State. Even better, take a picture of yourself studying and they'll always have good thoughts of where their money's going.

SCRATCH TICKETS

Buy \$10.00 worth and put it in a box a chocolates, and they might win more than you spent! Of course, then there's always the problem of who gets the digs.

GIFT CERTIFICATES

Always a good stand by. Ten to \$15 can help them pay for dinner, buy some music, rent videos, purchase clothes, whatever it may be they'll think of you as they use it. Get one at a local restaurant so your parents will come visit and take you out with it, this benefits you in the future.

MAPLE SYRUP

A New Hampshire made Yummy idea for you out-of-state students. New Hampshire takes pride in its maple syrup. At the Country Artisans Store in the Colony Mill Marketplace they have house-shaped

containers full that say New Hampshire on it and are only five bucks. Put them in a gift basket with Bisquick mix, and it makes a cute touch!

GIFT BASKETS

Gift baskets are always fun because you can buy all sorts of different little gifts to fill them. For a charming evening, buy bottle of Pinot Noir (Nathanelson Creek \$6.99 at Hannafords) or any type of wine, \$3 for a good package of Havarti dill or flavored cheddar cheese, \$2 for a box of crackers, and a gift certificate for a movie rental (suggest a love story), write out a little message, decorate a shoe box, and it's two gifts in one all for only \$15.

Some other gift basket ideas are fruit, pasta, beer, peanuts, chocolate, candy, soup, tea, coffee, or hot chocolate. Find a good deal on a mug, buy an assortment of hot drink mixes, bake some cookies or biscuits, this will make a great indulgent gift.

CANDLES

Moms and candles have a special bonding.

see CASH, page 22

Keene Book Exchange

CASH For BOOKS

We have got jackets, shirts, and an eclectic assortment of BOOKS!

Located at 216 Main St.

HELP WANTED

Part-time sitter needed for one 2 1/2 yr. old boy. Experienced girl studying childhood education preferred. Tues. and Thurs. at home, starting Dec. 30. Excellent pay. Looking for a responsible, high energy and fun loving person. At least two great references required. Call Janine at 352-0909 between 4 & 9 p.m.

Babysitter weekdays 2-5 p.m. for 2 boys aged 2 & 5. Walking distance to KSC. 357-9493.

Avon distributors needed. \$20 start-up fee. Unlimited earning potential. Call Sharon locally at 847-9944 or toll free 1-888-321-9944.

Spring Break '98. Sell trips, earn cash, & go free! Student Travel Services is now hiring campus reps/groups organizers. Guaranteed lowest prices to Jamaica, Mexico, & Florida. Visit us @ www.sttravel.com or call 1-800-648-4849.

HELP WANTED

ACT NOW! CALL LEISURE TOURS FOR SPRING BREAK PACKAGES TO SOUTH PADRE, CANCUN, JAMAICA AND FLORIDA. REFS NEEDED. TRAVEL FREE & EARN COMMISSIONS. GROUP DISCOUNTS FOR 6 OR MORE PEOPLE. 800-838-8203, www.leisuretours.com.

Wholesale distributors needed for Swiss herbal company. Call Sharon locally at 847-9944 or toll free 1-888-321-9944.

Male student to share 2 bedroom apt. Heat & hot water incl. Sublet available now through Aug '98, \$250/mo. Call 357-3035.

FOR SALE

Seized Cars from \$175. Porsches, Cadillacs, Chevy's, BMW's, Corvettes. Also Jeeps, 4WD's. Your area. Toll Free 1-800-218-9000 ext. A-15336

HOUSEMADE WANTED

Share 3 bedroom home with 2 others. 11 miles from Keene on Granite Lake with beach rights. Washer/dryer in home. Rent \$300 + 1/3 utilities. Inquiries please call ext. 2825 or 2827.

FOR RENT

Available Immediately to 4 quiet KSC students. 1 & 1/2 blocks from campus, house with 4 large bedrooms, common kitchen & bath. Just renovated, includes heat, hot water, & electric. Non-smokers preferred, call 357-3444 anytime.

FINANCIAL

College. Scholarships. Business. Medical bills. Never repay. 1-800-218-9000 ext G-15336.

Get a head start on next semester. Place your classified now! Call Ext 2401.

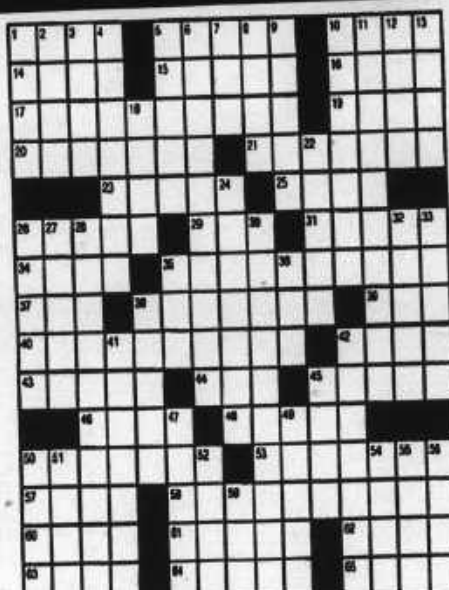
Lack of Focus

SANTA FLAWS



CROSSWORD

ACROSS
1 Water pitcher
5 Ike's wife
10 Flory gem
14 Less colorful
15 Quickly
16 Lasso
17 Bulbous
19 Some beers
20 Lacer's targets
21 Twist out of shape
23 Does ushering
25 English boys' school
26 Pleasantly fearful
29 TV set
31 Wipe out
34 Morn of 'Happy Days'
35 Chinese cooking
37 Land in the AD.
38 1953-56 war
39 Salton or Caspian
40 Boxer from Ali's era
42 Pottery element
43 Subcontinent
44 Pile
45 Cubic pieces
46 Ump's cohorts
48 Oxen hitches
50 Close avoird
53 Lived
57 Strauss
58 Live Nazi's
62 Impersonator
63 For fear that
64 Inclusive phrase
65 Israeli's airline
66 Bloody
67 Absurdity
68 Move merchandise



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DOWN
1 Nobelist Wheel
2 Like closet or chair
3 Diminutive ending
4 Tries to land a sucker
5 Mediterranean
6 Renounce one's faith
7 Chart
8 On the rocks
9 Spooky
10 Public speaking
11 Stately Polish dance
12 Impersonator
13 For fear that
14 Grim in aspect
15 In a vile manner
16 Conductor
17 Dock-making equipment
18 Dromedary
19 Move furiously
20 Yikes
21 Spanish Mrs.
22 A ways away
23 Ships, planes, etc.
24 Aridly
25 Moreover
26 Lucy's husband
27 Flourish on a letter
28 Gene or Grace
29 Put in much effort
30 Gambling game
31 Nevada destination
32 Little valley
33 Latin first-order
34 Seccluded valley
35 Actor Kimer

UNIVERSITY² by Frank Cho

MAMA'S BOYZ by JERRY CRAFT



THE SPATS by JEFF PICKERING



OUT ON A LIMB by GARY KOPERVAS



BUTCH AND DOUGIE by ALEX HOWELL



R.F.D. by MIKE MARLAND



Natasha's Stars



ARIES (March 21 to April 19) You go on a shopping binge early in the week without paying any attention to your budget. Fortunately, your purchases are practical and affordable in the long run. Some bring work home over the weekend.

TAURUS (April 20 to May 20) Work of a creative nature is inspired. A nagging relationship problem reaches a happy conclusion. Avoid being dominated by family members during the weekend.

GEMINI (May 21 to June 20) You and a loved one disagree on a decorating matter. Although pleasure interests are accentuated for the weekend, you must be careful with money. Love relationships bring much joy.

CANCER (June 21 to July 22) Some friction at work with a co-worker is irritating, but a positive outcome is assured. Agreements are reached later in the week. This weekend, do something different socially.

LEO (July 23 to August 22) Your thinking is inspired as well as down-to-earth. Don't just spout off ideas; act on them. A domestic matter is of some concern over the weekend.

VIRGO (August 23 to September 22) Financial news is good. However, you still feel it wise to be frugal, which is the correct course. You and a loved one are in sync over the weekend.

LIBRA (September 23 to October 22) One thing after another falls into place in business this week. However, dealings with family or co-workers could be somewhat touchy. News that comes this weekend makes you very happy.

SCORPIO (October 23 to November 21) You begin the week upbeat, charming and positively glowing. A major breakthrough befalls you on a particular work project. A close friend is in no mood for joking this weekend.

SAGITTARIUS (November 22 to December 21) An unexpected financial windfall comes in handy. At work, avoid forcing the issue and ease up on that co-worker. Later in the week, avoid an urge to pick an argument just for the sake of it.

CAPRICORN (December 22 to January 19) You are blessed with a sudden inspiration on a project that has been baffling you. Although you're popular on the social scene, take some time for yourself over the weekend.

AQUARIUS (January 20 to February 18) Something that has been on the back burner picks up steam. Expect a happy upturn in your financial picture. A friend decides to back out of a planned weekend social outing.

PISCES (February 19 to March 20) You're basking in your business success, but someone is looking at you with jealousy. A friend is very thoughtful and considerate. Making plans for weekend travel is favored.

This Week In History

On December 8, 1886, the American Federation of Labor (AFL) was formed by 25 craft unions ... December 8, 1941, the U.S. declared war on Japan ... December 11, 1941, the U.S. declared war on Germany and Italy after those countries declared war on America ... December 10, 1958, the first domestic jet airline passenger service in the U.S. was begun by National Airlines servicing the route between New York and Miami ... December 8, 1980, former Beatle John Lennon was shot and killed outside his apartment building, the Dakota, in New York City ... December 8, 1995, the Senate Whitewater Committee voted, 10-8, to subpoena documents that included notes taken during a November, 1993 meeting with White House lawyers, Bruce Lindsey and David Kennedy; other White House lawyers and personal attorneys of President Clinton; and First Lady Hillary Rodham Clinton had a tended the meeting ... December 11, 1995, the Clintons' personal attorney, David Kendall, testified to the committee that so far as he knew, the documents were never at Foster's White House Office ... December 11, 1995, Maggie Williams, the First Lady's chief of staff, testified to the committee that neither she nor Mrs. Clinton had removed or destroyed any documents in Vince Foster's office.

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Cash

• from page 19

You can't fail with a Yankee Candle, just get an assortment of smaller scents and a little holder and your set.

FOOD

This is what holidays are known for. Cook up your favorite recipes or purchase a cookbook for the gift and use the recipes from it. They'll know the secrets of the food you've created. Just make sure you know something about cooking. Yummy!

FISH

If your parents have a fish tank, new additions are always appreciated. Just make sure the fish get along — you wouldn't want your gift to be dinner for some other fish or vice versa. Goldfish are an inexpensive type of fish that don't need a filter. You can buy a glass fish bowl and some differ-

ent colored goldfish, give them names, and tie a big red bow around the bowl, and voila, instant cheap holiday present. Pets are also always a nice addition in your absence at home.

GLOVES, MITTENS, SLIPPERS, SCARVES

Great gifts that are always appreciated during these cold days of the year. If you know anything about sewing or knitting or crocheting,

you can sew in your name, or "Happy Holidays," or some subliminal message for them to get you something more expensive than a pair of socks.

JOURNALS

Personal diaries are a great gift to give. If you

encourage someone to write how they're feeling on a daily basis it's a priceless gift.

Tell them to write a positive note daily about themselves, in the long run it can be a good self-esteem builder.

CHIA PETS

They're only \$13 to \$15. I got my grandmother a kitten chia pet and she just loves it.

They don't last too

long, but for \$13 who's counting?

POINSETTIAS

Live plants are a great gift for that arborist in your life. Poinsettias are festive, and \$5 in six-inch pots at Kmart.

I leave you with this thought, the holidays give a warm and happy feeling inside.

Always remember, you can spend as much money as you want, but the most important thing is just to spend time with the ones you love.

Just by being around family and at home is a gift in itself, and pretty cheap too! Be careful and enjoy the holiday cheer.

Remember not to drink and drive, I want everyone to return to Keene State for the spring semester.

Have a great five week vacation!

Kristie Guerin is a Keene State College senior majoring in graphic design and art and is the style editor for The Equinox.



All On-Campus Students

Have you ever wished that:

- your KSC phone bill showed how much you still owed for last month's bill?
- you could find out how much your phone bill is 24 hours a day?
- you would never again have a reconnect fee?
- your detailed phone bill could be e-mailed to you each month?

If you answered "Yes" to any of these questions, your wishes are about to come true.

After your December billing, Strategic Telecommunications Consultant Services (STC) will start billing you for your long distance service. They also will assign you a long distance AuthCode if you currently do not have one.

You will receive a letter from STC Services in your on-campus mailbox. Please read it and call STC with any questions you may have.



Think before paying tuition bills with a credit card, experts say

LISA BERTAGNOLI
College Press Service

When Alan Restivo's daughter started her junior year at American University in Washington, D.C., Restivo found a new friend in his wallet—his GM credit card. He began putting his daughter's tuition bills on the cards, racking up the points and paying off the monthly bills as they came in. The result? His daughter got a diploma and he got a new Oldsmobile.

American University is one of 1,200 or so institutions of higher learning that accept credit-card payment for tuition. So is Johnson & Wales in Providence, R.I., where Restivo happens to be director of financial services.

All told, students and parents charge about \$7.5 billion worth of tuition a year on Visa and Mastercard. Similar stats for American Express and Discover aren't available.

Financial experts tick off good reasons to — and better reasons not to — put your

tuition on a credit card.

"It's the most expensive consumer credit there is," says Catherine Williams, president of the nonprofit Consumer Credit Counseling Service of Greater Chicago. A typical Stafford Loan, she says, carries an interest rate of about 8.25 percent as well as an abundance of perks, such as deferments.

The typical credit card, though, carries an annual interest rate of 18 percent to 21 percent, which compounds monthly. And despite their best intentions, most credit-card users carry a monthly balance. Visa says 40 percent of its customers don't pay off monthly balances. That figure is about 60 percent at MasterCard.

Williams recommends putting tuition on a card only as a last resort. "If you're just about to graduate and you've already hocked Grandma's jewelry, then go ahead," she says.

Credit-card tuition might also work if you know you're coming into a large sum of money within a few months

after putting tuition on your card.

If you can swing it, the best payment method of all is cash, says Tess Van Duvall, assistant director of debt management at Emory University in Atlanta. Overall, Van Duvall advises students to assume as little debt as they can during their college years. "A loan is still a loan," she says, whether it's from the government, a bank or a credit-card company.

The only exception to this rule, she says, might be students who would otherwise pull their tuition money out of a high-interest mutual fund. But those students shouldn't attend Emory: The school doesn't take American Express — or any other charge or credit card.

At Johnson & Wales, the 35 percent of students who do charge their tuition seem to have hit on a happy medium, Restivo says.

They simply charge the thousand dollars or so not covered by financial aid or other loans.

Self BOOK\$ for CASH

Bring them to the K.S.C. Bookstore
MON, DEC 8 - FRI, DEC 19

MON, DEC 8 - FRI, DEC 12

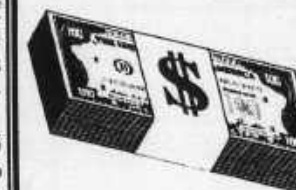
9am-4pm

MON, DEC 15 - THUR, DEC 18

9am - 6pm

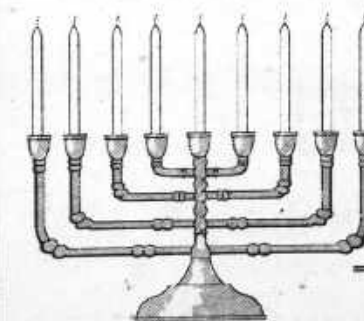
FRI, DEC 19

9am-4pm



Many KSC titles qualify
for 1/2 price buyback!

Student Assembly wishes you all the best of luck on Finals and Happy Holidays!



Enjoy the break and we look forward to seeing you again in January! There are also several Senior & Non-Traditional positions still available as well as the at large student for the stipend committee.

If you have any questions contact: Bobby at x-2643 or Eric at x-2640

Reminder: Student Organization budget requests are due

December 17th

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SEASONS GREETINGS!!

The Keene State College
Bookstore

Invites you to our

Holiday Open House

Thursday, December 11th
9 AM to 5 PM

Join Us for a Holiday Treat and Take

20% off Your Purchases!

(Sorry- textbooks and items already sale
priced are excluded from this discount!)

Material

• from page 17

their most frequent purchases. Clothes aren't just a nice extra, however.

They're a necessity. When asked which items were most important for school, clothes came in fourth. Books got the top spot, followed by a computer at No. 2 and a car at No. 3.

Cars — nice ones in particular — were also important. According to the study's authors, "the message from the majority of students was: This is L.A. Get a car; buy nice sunglasses. Use them."

Fascination with nice cars comes with the territory, said Colloredo-Mansfield. "You have to realize that we are surrounded by very expensive neighborhoods: Beverly Hills, Hollywood. Our students see a lot of Mercedes and BMW's and that has an effect."

According to student-researcher Xavier Rosas, it's a negative effect. His analysis defines UCLA as "a materialistic, unimaginable bunch of individuals...a powerhouse of pollution, the poster child of traffic congestion and a milieu of tanned, buxom

blondes."

Rosas' description of babes in bikinis and BMWs may be a little extreme, but in fact that's the image many students on other campuses have of UCLA.

"When I think of UCLA, I think of a bunch of 90210 kids who have money and play a lot. I know they aren't all like that but that's what I think," said Kelli Palmer, a senior at Elon College in North Carolina.

Palmer said she didn't think students at Elon were extremely preoccupied with material goods.

At Elon, she said people are defined by their achievements, not by objects or fashion.

"The prestige and popularity comes from the leadership. Are you president of an organization? Did you organize an event?" Palmer said.

Carrie McNally, a senior at Michigan State University, does think it's a local thing in UCLA's case. "I just think that all of southern California comes off as materialistic," McNally said.

However, even though she doesn't think MSU students are as materialistic as UCLA students, she said a good portion there are obsessed with material goods.

"There are a lot of people who go around and spend a lot of time and money on music and clothes," she said. "Here I'd say we're a bit more into electronics. But fashion is still important."

And even when the Michigan cold season takes over, focus on fashion doesn't hibernate, she says.

"When it gets cold some people just care about being warm," McNally joked, "but they still have to have the designer wool coats and label boots."

And even though materialism often carries a negative connotation, many of the students saw nothing wrong with it, according to Goodyear.

"UCLA students are materialistic. We are materialistic in every sense of the word," she said. "We eat, drink and breathe material consumption every single day. And guess what, that is 100 percent OK."

When all is said and done, McNally said the truth of the matter about college students everywhere is this: "We all have to have our toys, our CDs, our computers, stereos. We were brought up having them and now everyone thinks they need them to survive."

Consider This...

THE PERFECT HOLIDAY SCENE—

As a gentle snow falls outside, the relatives gather around the warm glow of the crackling fire. Festive music plays in the background, candles shine in the windows, peals of laughter and song pierce the air with joy.

And the table! The cooks have outdone themselves this year and the plates are laden with delicious treats—turkey, ham, stuffing, sweet potatoes, fresh baked breads and pies. Everyone praises the chefs as they dig into the feast, thankful for the bounty and for the hands that have prepared it, and for all who now share in this delicious meal. Everyone is filled with the joy of the season.

EXCEPT DENISE...

I've been dreading this holiday, dreading it out of fear. I fear that I'll lose control. I'll sit down and see all of this rich, fatty food and know that if I don't take a bite I'll get yelled at by my mom and my grandmother as well. And once I do take one bite—what if I can't stop? What if I start eating everything on the table and they're all watching me? I think about the way things are going and know that this event with my family could be the biggest downfall. My grades are perfect, I got accepted into the summer program at NYU that I was dying for, and best of all, I've lost fifteen pounds since the beginning of the semester. I feel more in control of my life than I ever have. I figured out a couple of ways that I could get out of even

having to be at the table during dinner. I could use my old standby of faking sick and not being able to get out of bed because I feel so miserable. Mom and Dad always believe that one, even though they get angry at me. I was also thinking of telling them that Amy invited me to eat dinner with her family. They'd let me take the car, and I could bring my sneakers in my bag and once I was far enough from home, I could go for a good five mile run. I know that I'll be letting them down and that they'll probably be taking it personally but I can't give up everything that I've worked so hard for and they'd never understand that. They just wouldn't understand what it feels like to be me, and have to live inside this body 24 hours a day.

Denise is a KSC STUDENT now recovering from an eating disorder.

Unfortunately, she is not alone in her plight.

ONE IN FIVE COLLEGE women have an eating disorder, or some kind of unhealthy and destructive relationship with food.

How does such a behavior start?

OFTEN IT STARTS AS IT DID FOR RACHEL, WITH ONE DESIRE—TO BE THIN...

Standing in front of the mirror every day and wishing I was just five pounds thinner, weighing myself religiously at least ten times a day and counting every calorie I ate was the way my eating disorder started.

At first, no one including myself thought I had a problem. I ate three meals a day and was in perfect health. Then things started to get progressively worse. I would weigh myself about twenty times a day, I stopped eating breakfast and lunch. I was exercising obsessively, and I was dropping three to four pounds a week. The cafeteria was a place I feared more than any place else.

In February, my mother brought me in to see my doctor. I weighed 110 pounds. Every week I was to go in for a weekly weigh-in and to see a therapist. Every week I weighed less and less. My daily routine consisted of doing 200 sit-ups as soon

as I woke up, having a cup of coffee (no calories), going to school, going to three hours of cheerleading, one hour of dance class, and two hours at the gym. I would do this on one cup of coffee. By May I weighed 90 pounds.

Everyone now knew that there was something wrong with me. I stopped going out with my friends because I was too wrapped up in the most important thing to me, my only true friend, my eating disorder. At the time I didn't think that there was anything wrong and I was sick of people trying to make me fat.

My last weigh-in was at eighty-three pounds. At this point my pulse was 40 and my blood pressure was way below normal. I was put into the hospital.

A Message from the President's Commission on the Status of Women

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Thank you for all your support for the
World AIDS Day programming on
Monday, December 1, 1997!

JUST A REMINDER

We will be closing on Friday, December 19, 1997!

Services will be limited until we reopen on Monday, January 26, 1998.

Call X-2450 if you have any questions.

Have a good semester break -- rest, relax, and enjoy!

Happy Holidays!

Mon - Fri 8 a.m. - 5 p.m. Elliot Hall, third floor (603) 358-2450 (elevator accessible)

**To Help You Find Balance in Your Life ...
Consider One of the Counseling Center's Groups and Classes ...**

GROUPS BEGIN WEEK OF FEBRUARY 9 AND END MAY 8 UNLESS OTHERWISE NOTED

Counseling Center Groups/Classes

Counseling Center Staff

Tamera Zimmerman Judith Putzel Price
Beth Mundahl Mona Anderson
Emily Noyes Barnes Peterson
Bette Norlund - Administrative Assistant

Interns

Alexa Berton
Forrest Seymour

James Moratto-Ruge
Tori Tylson

Sylvia Anderson - Receptionist

support in the healing process.

Introductory Yoga

•Emily Tues. 4:30-5:45 Family Center
•Emily Wed. 5-6:15 Family Center

No experience necessary. Join this class to reduce stress and give balance to your life. Wear comfortable clothes and bring a pillow.

Let's Talk

•James/Tori Wed. 12-12:50 CCA*

Confused? What is it about sexual identity that is such a big deal? What is there to be afraid of exploring? Have you labeled yourself as straight, gay, lesbian, bisexual, asexual or simply don't know? Choices...attraction. Well, let's talk!

Men's Seminar

•Forrest/James Mon. 5-5:50 CCA*
February 23 - April 6

We welcome men to join our exploration of the challenges and dilemmas of being a man in the '90's. Many men tell us about their general effectiveness in the academic and work domains, yet they find themselves feeling emotionally distant from others. Our group is about succeeding in work and school and relationships by learning how to get connected.

Depression Management

•Judith/Forrest Mon. 10-10:50 CC**
•Barnes Sat. 1-2 CCA*

Learn to manage feelings of hopelessness, restlessness, sadness, and emptiness. We will focus on how to cope with sleep disturbances, lack of motivation, isolation and other feelings of depression in order to help you live a happier life.

Abortion Support

•Judith Thursday 3-3:50 CC**

This group will provide support around issues of courage, grief, loss, guilt, anger, and other feelings involved in having an abortion.

Self Esteem

•Beth/Tori Mon. 2-2:50 CCA*

Do you wonder about your self esteem? The benefits of increased self esteem will enrich all areas of your life, including creativity, athletic and academic abilities, and relationships with yourself and others.

Take the next step in your personal and professional development. Sign up for a Counseling Center group or class today!
Please stop by (third floor of Elliot Hall) or call the Counseling Center, ext. 2437, to sign up. If you have a time conflict, let us know; other sections of groups may become available. Most groups will begin the week of February 9. Average group size 4-8 people.

Women, Food and Body Image

•Mona/Alexa Mon. 4-4:50 CC**

"I think about food all day." "I'll do anything to be thin." "I'm so tired of worrying about how I look all the time." If this sounds familiar, join us to explore your relationship with food, your body, and your spirit.

Sexual Violence Support Group

•Mona Tues. 2-2:50 CCA*

This group is for survivors of sexual assault, rape, or any other unwanted sexual contact. We will look at ways to cope with such reactions as anxiety and sleeplessness as well as ways to heal and rebuild confidence and a sense of self.

Mindfulness Meditation

•Beth/Tori Mon. 4-4:50 CCA*
•Mona Wed. 12-12:50 Fam. Housing
•Barnes Sat. 11-12 CCA*

This group is for anyone curious about mindfulness meditation practice. We will explore various forms of mindfulness meditation such as sitting, walking, and even eating. Many people have found meditation to relieve stress and enhance physical health as well as personal growth.

Human Relations Laboratory

•Barnes Mon. 6:30-8pm CCA*

We all spend much of our lives embroiled in the complexities of group membership. This group experience is for men and women who would like to become very skillful in human relations, particularly in the group context. As a group, we will explore the interpersonal dynamics of trust, intimacy, commitment, power, leadership, conflict, self disclosure and feedback. It will be challenging and fun.

Surviving and Thriving: for sexual abuse survivors

•Judith/Forrest Mon. 2-2:50 CC**

This group is for women who have experienced any kind of childhood sexual assault or sexual abuse. We will focus on your life today, on being a survivor, the influence of your past abuse on present relationships, and getting

AIDS/HIV Support

•Tamera/Forrest Mon. 8-8:45am CC**

This group is open to individuals with AIDS or HIV, family members, significant others and friends.

Adult Children of Alcoholic Families

•Beth Wed. 2-2:50 CC**

Are people pushing your buttons? Do you come up with excuses for why you don't have to take care of yourself first? Take the first step and join us and receive support from others who grew up in an alcoholic family.

Meeting People - Making Friends

•Alexa/James Tues. 12:30-1:20 CC**

What do you say after "Hello"? How do you start conversations? Do you feel awkward meeting people? How do you make and keep friends? Join us and learn some skills in the company of people who might share some of your fears.

Ending the Cycle of Violence

•Barnes/Forrest Fri. 3:30-5 CC**

Does your partner fear you? Is your partner intimidated by your use of anger? Does she feel criticized or controlled? Have you verbally, physically or sexually abused your partner? Learn how to end this destructive cycle. This group is for men who want to enjoy healthy and safe relationships with women.

Support for Students on Academic Probation/Suspension

•Judith/Tamera Tues. 3-3:50 CC**

•Judith/Tamera tba call ext. 2437 for time and location

This group is for students who are on academic probation. We will talk about stress reduction, how to improve your self esteem, what you value, who you are, where you want to go, and how to get there. You are not alone.

* CCA - Counseling Center Annex "Stress Less Zone" located in the basement of Huntress Hall.
** CC - Counseling Center

Vendors

• from page 4

"What should happen to the guys that sell tee-shirts and sweaters?" she said.

The primary objection to the credit card vendors is what they represent.

Miller said "they tend to hook financially unstable students, and students who tend to be naive. Students go into debt that takes them years to repay."

Miller also said a concern is that credit cards "promote consumerism."

She said the location of the credit card vendors makes it difficult to navigate around them.

"Many of them tend to be very aggressive," Miller said.

At the moment, the resolution is locked in committee, but Miller said the senate will get back to the issue.

Dawn Benson, a junior and dietics major, said she likes having the vendors on campus.

"They bring people into stores here (at the student center). People come in to buy things and they see places like the food court and say, 'Hey, I think I'll get a pizza,'" Benson said.

Hemp

• from page 5

plant the seeds and sit in your rocking chair and watch it grow," Lathrop said.

There is no reason to be using trees for paper and building materials.

The northwest is having flooding problems, and this is directly due to the clear-cutting of trees.

"Whole sides of mountains (are cleared), when you take all the trees, all of a sudden it rains, and all the top soil runs down the mountain, silts up the rivers, ruins the salmon beds, the streams can no longer handle the amount of water they used to, there is no longer a sponge on the side of the mountain to soak up the water, and they want to know why they are flooding," said Lathrop.

Lathrop said hemp particle board is lighter, more flexible, more rot resistant, more fire retardant, and more insect repellent than wood particle board.

Hemp particle board can stand up to a hurricane, and

termites hate it," Lathrop said.

There are technological hurdles to be crossed, but no major ones, and the Hemp Council is ready to take on the government to save the environment.

Lathrop said there are two ways to help his cause.

"One is to write the elected officials," he said. "Just a postcard sized letter, and not much more to let him know you stand behind him. The other is with your wallet."

Lathrop advised people to purchase clothing made from hemp.

"If I go bankrupt, then hemp education will go away, and there is no one out there on the front lines to keep this fight going," he said.

Editor's Note: The previous story was re-written from an earlier report due to numerous factual errors in the original printing of the story.

Send your story ideas to equinox@keene.edu or call x-2413 and ask for Vogl, Brent or Carryl.

Greeks helping out



Courtesy Photo

A sorority member talks with an elderly lady.

JENNIFER HORNER
Delta Phi Epsilon

On November 15, when most Keene State College students were sitting in front of the television, greek organizations Phi Mu Delta and Delta Phi Epsilon piled into cars and headed to the Keene retirement home, Langdon Place.

Two of the rooms were filled with elderly men, women, students and a band, along with a space reserved for dancing.

The two organizations danced with the elderly residents and

left no one out of the fun.

The students were made to feel welcome in the warm environment filled with appreciated laughter and new-found friendships.

The two organizations were touched deeply by the elderly people and will not soon forget their sweet faces and warm hearts.

Phi Mu Delta is a national fraternity and Delta Phi Epsilon is an international sorority.

Editor's Note: The story was submitted for print by Delta Phi Epsilon.

HOT COCOA COFFEE TEA HOT COCOA COFFEE TEA

WARM YOUR BODY SOCIAL

Friday, Dec. 12th 2-4 p.m. in front of the Student Center.

BRING YOUR OWN MUG AND RECEIVE A DISCOUNT

Sponsored by the Sophomore Class

TEA COFFEE HOT COCOA TEA COFFEE HOT COCOA TEA

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GRADES

FALL 1997 GRADES
WILL BE MAILED
THE WEEK OF
JANUARY 5, 1998

Credit

• from page 15

These debts are in addition to student loans which average \$12,200 for undergraduates and \$31,700 for graduates at the time of graduation.

Nearly two-thirds of all college students have credit cards, according to a recent financial services study by Roper Starch Worldwide Inc., a marketing research firm in New York.

Twenty percent of college students are carrying four or more credit cards in their wallets, the survey said, and college officials fear many students handle credit unwisely.

Still, there is debate over the severity of the situation. Credit card companies contend the problem has been exacerbated by the excesses of the few.

To promote wise credit card use and money management, some companies such as MasterCard International sponsor seminars and provide colleges with educational videos.

In a broader effort to reach young people even sooner, a coalition of private organizations and governmental agencies called the Jumpstart Coalition for Personal Financial Literacy has

"It is our belief those institutions were created to educate and not become second-hand merchandising agents for credit card companies."

• Tom Congdon
legislative assistant for
Sen. George Maziarz

launched a national campaign to make all students "financially literate" by the time they graduate from high school.

College officials say their experience suggests credit card debt on campuses is widespread and seminars on money management are good but not enough.

Now, some legislators are trying to draw the line in public colleges and universities. "It is our belief those institutions were created to educate and not become second-hand merchandising agents for credit card companies," said Tom Congdon, legislative assistant for the New York bill's sponsor, Sen. George B. Maziarz. "The trend is credit card debt is up and bankruptcy is up. There's more than a casual relationship here."

The senator's bill was prompted in part by letters

from Maxwell about her financial straits.

The 21-year-old student filed for personal bankruptcy in August 1995, before transferring to Niagara County Community College, she said.

"More and more we're finding that students are in severe financial disarray," Congdon said. "Besides student loans, they're coming out of college with \$10,000 or more in credit card debt."

In Massachusetts, proposed legislation calls for the creation of rules regulating credit card company access to public colleges in the Commonwealth.

The measure also would require the Massachusetts Board of Higher Education to publish these rules as voluntary guidelines for private institutions.

Other states, such as Illinois and Montana, have passed legislation that prohibits the issuance of credit cards to minors under 18 without parental consent.

So far, Massachusetts, New York and Kansas are the only states with proposed legislation specifically addressing credit card problems on college campuses, according to the National Conference of State Legislatures in Denver, Colo.

Don't forget to stop by the...

HOLIDAY COMPUTER FAIR

TODAY!!!

9 AM- 4:30 PM

Student Center Atrium

Raffle! Raffle! Raffle!

Software, Clothing, plus much more...

10% off sale- On all computer software in
Computer Connections

\$10 off Network access fee
(this day only)

Information and Demonstration session
for the internet.



Apple Computer, Inc.



DELL



STSS
Student Technology
Support Services

Consider This...continued

The pressure in our culture to be thin is hard to resist. The message that thin=beautiful=successful bombards us in magazine and television ads. Friends compliment us when we lose

weight, never considering whether that loss is healthy or not. Low self-esteem drives us to take control of our lives in the only way we feel we can, by controlling our body weight.

*Soon food becomes not only the problem,
but a symptom of a deeper self-loathing that we feel will only go away when we are thin.*

SO WE TRY TO STOP EATING, AS THIS WOMAN DID AND AS YOU MAY HAVE DONE...

Your day began with good intentions. You went running and worked out at the gym. You only had a glass of water and juice for breakfast. You did all your errands and got ahead on your school work. You skipped lunch even though you were starving. But then you had a fight with your mom, dad, sister or best friend. Then you went to your room and you cried but you don't feel better. You look at your body in the mirror and you feel worse. You can't understand why after all your work you aren't perfect. You'll never be perfect.

You have so much anger and frustration inside it's eating away at you. You remember you haven't eaten today. You go downstairs and wait for everyone to go to bed. They finally do

and you tell yourself you'll have just one bowl of ice cream. But one turns into so many you lose track. Then you see if there's anything else in the house.

You purge and you think about your fight. You still feel bad. So you go running even though you have a knee injury. All you can think about is how ashamed and ugly you are for eating all that and how alone you feel. So you run faster and longer.

You get home, tip-toeing in so as not to wake anyone. You tell yourself tomorrow will be different. Tomorrow you'll stop.

Tomorrow comes and you have another fight with mom, dad, sister or best friend.

Another night of waiting for everyone to go to bed.

If you can relate to any of the three stories told here by KSC students, you may have an eating disorder. If so, PLEASE

- Admit that you have a problem.
- Explore your options for overcoming this problem and seek professional help.
- Recognize that changing your behavior will be difficult and seek the support of your friends.
- Find a way to express your feelings through therapy, talking to people you trust, or journal writing.
- Recognize how you are being manipulated by the media.
- Explore all the positive qualities and talents you possess.
- Define your own success in terms of something other than "being thin."

If your friend is suffering from an eating disorder, there is little you can do until she is ready to admit she has a problem, and your constant vigilance over her eating habits will just force her into being more secretive. But there are things you can do: Be sensitive. Don't comment on her physical appearance as if that defined who she is or as if that were the most important thing in her life. Talk about her other strengths and positive

qualities—the real reasons why you care about her.

Be ready to offer support at any time. By being there for her during the worst of times, she will know that she can count on you to help her in her recovery. Let her know she can always talk to you and that you won't be judgmental. Go with her if she decides to seek help. Your presence may be just the extra strength she needs to open up.

**BREAK THE SILENCE THAT KILLS.
DON'T KEEP THE SECRET THAT MAY DESTROY YOUR LIFE.**

**THERE ARE MANY PEOPLE AT OUR OWN COUNSELING CENTER,
WAITING WITH OPEN HEARTS AND MINDS TO HELP YOU.**

PLEASE REACH OUT TO THEM.

After three years of being out of the hospital, I have managed how to eat right and take care of myself so this never happens again. I am still anorexic and will be for a long time. But I have managed to keep it under control and move on with my life.

MOVE ON INTO A NEW, HEALTHY LIFE.

A Message from the President's Commission on the Status of Women

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Improve

• from page 32

With Nashua conquered, the Owls headed out of state and got their first Little East Conference win over a ready Rhode Island College team, 82-80.

Unlike the previous two games, the Owls made coach Rowe work till the final buzzer in this one.

Keene State jumped out to a 16-7 lead early on a Rich Bahlman jumper in the lane and held on to a 41-38 lead at the half.

The Owls answered the challenge by turning the three point lead into a 72-56 advantage when freshman standout Coates hit a drive in the lane with under 10 minutes to go.

Rhode Island College then threw a furious run at the Owls on the back of senior Kenny Bliss (game high 32 points) to pull within 78-77 with three minutes to go.

Both teams traded turnovers and missed opportunities until Bliss hit a three-pointer with under a minute to play that tied the game at 80.

"We were in a match up zone on Bliss for most of the second half but he had one of those

nights. When we put pressure on him he just stepped back and made his shots," noted Rowe, who switched to the matchup zone after Bliss continually punished the Owls' man-to-man defense.

From there things got a bit crazy at the end. The Owls, with no time outs remaining, brought the ball up court quickly with time ticking away.

Bahlman made a great feed to Massiah who was called for traveling.

It looked on the play as if Massiah had been bumped by a Rhode Island player, but the call stood and the Owls lost the ball with four seconds left.

The Owls' defensive pressure paid off when Porter intercepted a half-court pass and was immediately fouled by Rhode Island College senior Oscar Victorino.

Porter calmly buried both shots to put the Owls ahead 82-80.

Rowe then instructed the Owls to front their man to prevent a good shot at the buzzer.

But Victorino pushed off on senior Jamie Smith to free himself up for an open shot at the buzzer.

The head referee missed the call but was let off the hook when Victorino missed the shot

and the Owls held on for the two point win.

"We didn't handle the final seconds as well as I would have liked but it was a good win for us none the less," added a relieved coach Rowe.

Rowe stuck with his starters for the majority of the action in this one as Massiah, Bahlman, Smith, Porter and Fieldhouse all played at least 29 minutes apiece.

"We have gotten strong play from our starters. Jamie Smith and Kareem Porter are playing especially well right now," said Rowe.

Although the latest Little East statistical leaders show the Owls leading the conference in total rebounding and rebounding margin, Rowe sees a lot of room for improvement.

"We have worked real hard in practice on our rebounding. I have not been happy with the opportunities that other teams are getting against us," Rowe said.

The Owls find themselves in a four-way tie for the conference lead with UMass-Boston, Plymouth State College and defending conference champion UMass-Dartmouth, who comes to Spaulding Gymnasium for the first big game of the year on Saturday.



Equinox photo by Sarah Leslie

Scott Ely takes a shot during Saturday's 3 on 3 tournament.

"We have a real challenge in front of us," said Rowe.

A huge crowd is expected for the Owls home opener tonight against an Endicott College team that beat the Owls a year ago.

"The confidence we have been building is starting to pay off in wins and losses. The guys have been playing hard and are coming through early on," said Rowe.

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Love of the game lost by today's athletes

Commentary
DAVID HALEY
The Equinox

Last week all the discussion in Troy Lutch's fifth grade class was the secret Santa drawing, a movie about a piece of green goo and some basketball player beating up his coach.

Nine and 10-year-old kids should be more concerned with where mom and dad are hiding the presents than why Latrell Sprewell was assaulting his own coach last week.

But Nickelodeon doesn't run reports on where your most likely to find your gifts and every sports reporter in the country was on camera with microphone and opinion in hand to explain Sprewell's assault on his coach.

Growing up, sports was something to hold onto, to appreciate and often emulate.

Jim Rice was the greatest baseball player in the world and Larry Bird could do anything with a basketball in his hand. I didn't know how much either one of them made, never cared.

Sports seemed to involve guys who loved what they did, loved their teammates, loved their coaches and loved the city they played in. So what if it probably wasn't all true.

They went out, they entertained and we all were better for the experience of watching them.

There was no ESPN2, three hour pre-game shows and one hour post-game shows. No one really knew what these guys did in their free time and really, whose business was it anyway?

I didn't love Steve Grogan the husband and father, I loved Steve Grogan the football player.

He stood innocently on my wall throwing a pass against the Chargers, and that was what he did, he played quarterback for the New England Patriots.

For all I knew he was happy with his salary and made sure to kiss the dog and call mom every day. That was all a nine-year-old kid needed to know. Today I wonder if nine-year-olds have such a choice?

We're in the information era, or so they tell us. The internet, telephones with camera's and cars that start themselves.

But do we need constant attention to every morsel of information regarding professional athletes?

This is not to condone any of the illegal actions of the players like Sprewell.

Sprewell is a jerk, he has been for a long time and his suspension was deserved. If you or I got spoken to by our boss and then proceeded to threaten to kill your boss and assault them we would be fired, fired immediately.

Why should Latrell Sprewell be any different?

But today stories of the personal lives and interests of professional athletes are thrown in our face. ESPN has a network dedicated to nothing but sports NEWS, 24 hours a day, seven days a week.

Is there that much news out there? On Monday night there were four NBA games, one NFL game and four hockey games. Twenty four hours on that? There are sky cams, floor cams and guys like Lynn Swann and John Dockery whose job description reads like this: stand on the sideline and listen to what the teams say, then report back to us.

I know parrots that can pull that off.

When I was a kid I didn't need Ahmad Rashad telling me that Nick Van Exel had a sore ankle. If Danny Ainge was limping, I figured it was for real.

You wish kids had the right to the same perspective we did.

Today any nine-year-old can tell you that Mo Vaughn got punched in the eye in a bar fight and doesn't like his boss, Drew Bledsoe injured a women jumping into a mosh pit and Antione Walker didn't really like his teammate, Ron Mercer when they played in college together.

Cynicism rules the day in sports and that doesn't look to change. Kids are brought up today with a wealth of knowledge that includes Allen Iverson's police record and the political commentary of Charles Barkley, a man who never graduated from college.

Maybe the hoopla that surrounds the Holiday season will over shadow the ESPN news of the day, and kids can be more concerned with what they get from their secret Santa. Hopefully not a Brett Favre action figure. He spent time in alcohol rehab you know.

Swallow

• from page 32

With 12:51 remaining, Lindsay Arnold, who had taken in seven rebounds, fouled out.

Arnold was strong in the rebounding category for the Owls, which meant someone was going to have to fill those shoes for the final 13 minutes.

Margot Flemming did just that, as she finished the game with the team-leading eight rebounds. Flemming also added 12 points to compliment her rebounding performance.

Flemming received the Little East Rookie of the Week honor for the second straight week, which should give her confidence level a boost.

Foul trouble continued for the Owls, as Izzo found her way to the bench at the 5:21 mark after playing a great game.

With two star players on the Owls' bench, Rhode Island started to capitalize.

Within 30 seconds of Izzo fouling out, Rhode Island College took the lead 50-48 on a couple of free throws.

One of those players that turned it up over the past couple games is Erin Van Nostrand. Van Nostrand has been an offensive spark from behind the three-point line.

More importantly than the points, those shots gave the Owls confidence to come back from a five-point deficit.

Van Nostrand drilled a critical three-pointer with under 1:30 to go to tie the game at 56 apiece. The contest was getting better.

Both teams kept on running up and down the court, and with under a minute to go, Rhode Island College was up by two. In this situation, it would be nice to have a player of the week on your team to save the day.

Flemming heard that outcry, and with both Arnold and Izzo on the bench, took control and got fouled with less than 30 seconds remaining. Keene State has been working on foul shooting in practice, but this time it was the real thing.

Flemming was not even troubled by the pressure and calmly nailed her free throws to send the game into overtime.

Keith Boucher, the Owls' head coach, said he wanted to be ahead at halftime for once, and this game he got his wish.

All throughout the season, the Owls' key problem was consistency, which they severely lacked. This game was much different.

Both the offense and the defense was playing the high quality game that Boucher has been searching for all season.

Now it was time to continue that through the overtime.

The Owls did that, but the foul problems kept creeping up on them. With 4:34 left in overtime, Flemming, who was playing an incredible game, fouled out.

Carrie Trudeau was still in the game, and made her presence felt. She finished the game with 12 points and three rebounds. Her strong play helped keep the Owls alive in the late stages of the contest.

Both teams exchanged a couple of shots in the overtime period. Both teams also played almost flawlessly throughout the extra period, but there was one flaw that cost Keene State big.

With less than 10 seconds to go, the Owls had a chance to get the go-ahead points, but a layup would not fall.

On top of the missed layup, a Keene State player fouled Rhode Island player Jen Cook, who calmly sank one of the two shots to win the game.

Although this loss was hard to swallow, it also was good in a way. Coach Boucher saw a lot of his players step it up and play the best games they have played all season.

The Owls will come home to Spaulding Gymnasium on Saturday, when they take on UMass-Dartmouth. Game time is 1 p.m.

Equinox Staff Picks

These staff members were not trained professionals, so we pray that you were not stupid enough to bet the farm!



Mike DeFina
Sports Editor

Alright, I can admit it. I suck at picking football games, and I definitely have no future as a professional gambler. I'll stand by my Patriots to take the title.



Jake Mical
Sports Editor

Oh my God, I am the winner. I must be the smartest man alive. No, really. I am. Why doesn't anyone believe me?

I'm picking Barry Sanders to lead the Detroit Lions to their first Super Bowl.



Keith Moriarty
Executive Editor

This is quite possibly the most embarrassing thing that's ever happened to me. I'm crushed. I see the New York Giants taking the Super Bowl crown this year.

Last Week's Record		Overall Record & Win %	
Mike DeFina	10-4	Mike DeFina	74-73 51%
Jake Mical	11-3	Jake Mical	81-66 55%
Keith Moriarty	7-7	Keith Moriarty	74-73 51%

Relieve Your

Stress

December 14th
9 pm - 10 pm

Make a Mess

Come into the Night

at the

Marshmallow Fight

Sponsored By: The Freshman Class

Mabel Brown
Room

December 11, 1997

The Equinox Sports

Owls improve record to 3-1

DAVID HALEY
The Equinox

The 3-1 Keene State College Owls come home for their Spaulding Gymnasium debut tonight and unlike their "Midnight Madness" showcase there will be no cash giveaways, "Up With People" dance productions, or break-dancing mascots.

What will be there is a Keene State team that could care less about anything that happened a year ago and, led by second year head coach Phil Rowe, is capturing the attention of the entire campus community.

The Owls took the positives out of a season opening loss to Division I University of New Hampshire and rolled off three straight victories to eclipse their win total of a year ago.

Keene State got their first win of the season in a game that was, for all intents and purposes, over before it began.

The Owls beat up on Notre Dame College (1-4) in a game

played at Nashua High School, to the tune of 126-61. Rowe substituted often, as 15 players saw at least 10 minutes of action.

Ryan Cassidy and Fred Fieldhouse led the Owls with 15 points apiece while Stacey Massiah and Chris Coates added 14 each.

The Owls put a stamp on their total dominance of the greater Nashua area with a 81-57 win over Rivier College.

The Owls lost a heartbreaker to Rivier a year ago but Rivier found out what a lot of other teams may soon realize: this is a much different Owls team.

It was Kareem Porter from the wing and the inside work of Massiah that led the Owls with 18 points apiece in this one.

The Owls jumped out to a 45-26 halftime lead and were never threatened after that. Porter and freshman point guard Fieldhouse combined for 12 assists in the win.

see IMPROVE, page 30



Equinox photo by Jesse Stenbak

Head coach Phil Rowe discusses strategy with Cory Boillard during last seasons action.

Owls swallow tough loss to Rhode Island

PAUL SILVERFARB
The Equinox

Something both good and bad could come out of a defeat, especially if the loss is a close one.

The game the Keene State College women's basketball team played at Rhode Island College proved to be exactly that.

It was a well-played game and a lot of players showed what they are made of.

The game was so good that it needed to go into overtime to decide the winner.

Unfortunately, the Owls got the short end of the stick.

Not playing a home game since the Keene State College Holiday Classic, the Owls are ready for a home game.

The trips they had to take have been long and tiring and going to Rhode Island this weekend was no exception.

A good thing about the current road trip for the Owls is that many players stepped up.

Judy Izzo was brilliant from the perimeter, as her jump shots always seemed to find the net.

With 3:35 left in the first half,

Izzo used one of those shots to put the Owls up early 21-11.

In the second half, Izzo started on fire, making her first three shots to put the Owls up 35-27 with 13:59 remaining.

In under a minute, the Owls saw the start of the decline in their lead.

Fouling is something that the Owls must work on in order to successfully compete in the Little East Conference this year.

The fouls also were a problem in the game against Rhode Island College.

see SWALLOW, page 31

Schick brings amateur hoops to KSC campus

Equinox Staff

"Victor's the Manager" and "K.E.'s Team" won the men's and women's divisions, respectively, in the 1997 Schick 3 on 3 tournament.

In the men's division "Victor's the Manager" was led to the title by Dave Haley, Jayson Turner, Mike Hayes, and Victor Guzman.

The "Managers" run included a 21-7 win over "KH-16", a 14-10 win over "Class I", and a winners bracket championship victory over "Carr-C-C-Dog."

The "Managers" took the first battle with "Carr-C-C-Dog" behind the play of Hayes, while Scott Ely and Dan Rascot

were strong in the losing cause.

"Carr-C-C-Dog" had a chance for revenge, when they won the loser's division with a 13-9 win over "Chooch said", and earned a championship rematch.

"Carr-C-C-Dog" took the first game behind Rascot and the outside play of Steve Darago.

In the final game, the score was tied at 12, until Haley hit three jumpers to seal a 17-15 win.

"K.E.'s Team" won two in a row over "MJ's Clan" 10-2 and 10-7 to win the women's title.

Both teams travel to Boston in March for the Regional finals.

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