

Season Opens Friday BUTCHER EYES 'BIG YEAR'

By MIKE TARDIF

Soccer coach Ron Butcher is "looking for a big year" as his team prepares for the 1971 NESCAC soccer season. Butcher has spent a good part of this time recruiting players during the off-season and appears to have come up with a team with excellent depth.

KEENE INVITATIONAL

The soccermen open the official 1971 season Friday against Roger Williams College of Providence, Rhode Island. The game will take place at the KSC Athletic field starting at 3:00 following a match between Western New England and the University of Maine Presque Isle. Saturday the tournament championship will be held at 2:00 with the consolation game to be held at 12:00.

Plenty of new faces will be seen in this year's starting line-up; the Owls will start goalie, Brad Steurer, of Manchester, Conn. Steurer, a strong agile freshman is noted for coming up with the big save.

Filling the left fullback position is freshman Jerry Leavitt of Pittsfield, N.H. Leavitt was noted amongst the top 15 high school soccer players in New Hampshire last year and should prove to be a worthwhile addition to the club with his quick dribbling antics.

Wetman Gary Trotter and freshman Don Kozera are still fighting for the starting right fullback spot.

At center fullback is transfer student Dick Bush, a 6'2" rookie with a good head shot.

Butcher trusts that the team's strength lies in the halfbacks. The Owl mentor promises "plenty of excitement in mid-field."

Steve Parker, returning senior sometimes known as the quarterback of the team will play aside of Mickey Rooney of Slough, England and Hal Shortleeve, an all-American from Champlain College. All are excellent dribblers and pack the necessary scoring punch.

The front line consists of Rit Svain, who holds the KSC record for most goals in a season (21), sophomore, Chip Conran a good rebounder, frosh Graham "Whiz Kid" Jones of Slough, England, a deceptive dribbler; and Mark McEvoy a complete ballplayer, who can play both excellent offense and defense.

When asked about the coming season, Butcher said his team is "looking to become a national contender."

Although there are a lot of freshmen on this year's squad, all have played in tough high school and summer league competition, and all are experienced in the game.

For the first time KSC will field a freshmen soccer team this year. A ten game schedule against junior colleges will be coached by Blake Richards.

INTRAMURAL FOOTBALL

Intramural football will be opened to all KSC students beginning Monday, Sept. 20. Rosters must be in to Stan Spirou or the P.E. office on or before Sept. 20. Intramural calendars will be given to the team representatives on that date. Each team will have its own two officials and the teams will be limited to 15 players.

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THE MONADNOCK NEEDS:
Sports writers for: Women's sports,
Tennis. Also needed: help in make-
up of sports page. See Mike Tardif
Sports Editor, Carle 203B.

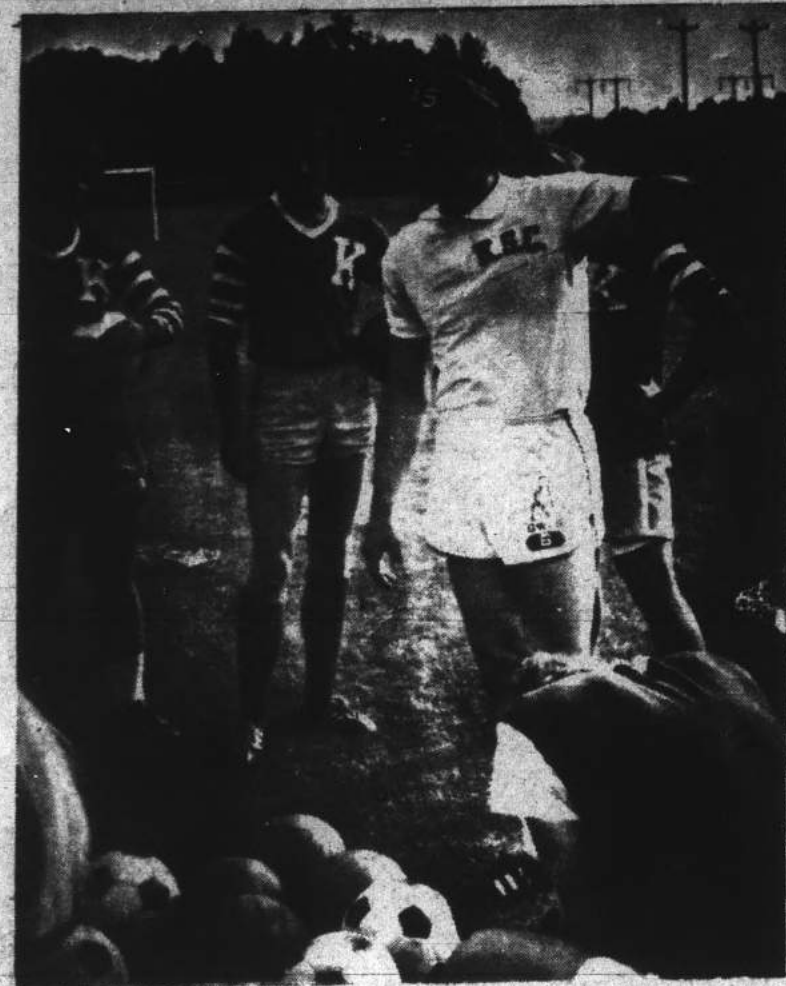


Photo by Tardif

Keene State soccer coach Ron Butcher (above) discusses strategy with members of this years varsity soccer team. The trophies for this weekend's Keene Invitational Soccer Meet are pictured at right.



Photo by Tardif

X-COUNTRY TEAM OPENS SEASON

By JOE PAPPO

The KSC cross-country team will open their 1971 season on Wednesday, September 22nd at New England College in Henniker. Coach Bob Taft, who is starting his third year as coach of the Harriers,

will be trying to improve a 70 and 22 won-lost record which he has acquired over the years.

Coach Taft has a total of 17 runners, 8 of whom are returning from last year.



Photo by Tardif

FRESHMAN RUNNERS on this years 1971 Cross Country team are (sitting L.-R.) Jim Langley, Jerry Dee and Tom Greenwood, (standing) Jerry Falardeau, Dave Graves, Glenn Brauhardt, and Keith Martell.

1971 X-Country Schedule

Wednesday	September 22nd	at NEW ENGLAND COLLEGE
Saturday	September 26th	at RHODE ISLAND COLLEGE with JOHNSON STATE
Tuesday	September 28th	at PLYMOUTH STATE with JOHNSON STATE
Saturday	October 2nd	at PORTLAND-GORHAM with ST. FRANCIS
Saturday	October 9th	PLYMOUTH INVITATIONAL
Wednesday	October 13th	at LOWELL STATE
Saturday	October 16th	MERRIMACK INVITATIONAL
Tuesday	October 19th	ST. ANSELMS, CASTLETON STATE, & FRANKLIN PIERCE at KSC
Saturday	October 23rd	PORTLAND - GORHAM INVITATIONAL
Monday	October 25th	FITCHBURG STATE & SALEM STATE at KSC
Saturday	October 30th	MERRIMACK COLLEGE, LOWELL TECH, WORCESTER STATE, BARRINGTON COLLEGE, NEW HAVEN UNIVERSITY, & ST. MICHAEL'S at KSC
Saturday	November 6th	CONFERENCE MEET
Wednesday	November 10th	NAIA, DISTRICT NO. 32 MEET

FRESHMAN GROUP PLANS ASHUELOT CLEAN UP

The Ashuelot River stands in danger of finally being cleaned up. Members of Doug Mayer's Freshman advocate group are planning an anti-pollution day Oct. 7 to clean up a 300 yard section of the river behind the "A" Field.

Carol Bulley, one member of the freshman group, said that they are looking for students to help dredge that section of the river to get up old boots, tires, and beer cans. "We want to clean up the mess as it stands now," she said, "then we're going to some of the industries up the river and try to reason with them."

The group has enlisted the support of City Manager James C. Hobart and City Planner Jerry I. McCullough who have promised them the use of a truck.

In order to enlist the help of KSC students, a picnic dinner is planned after the cleanup. The cleanup itself will be held between noon, October 7 and the beginning of the soccer game that same day. Other long range plans to tidy up the Ashuelot in worse places are being discussed, but Miss Bulley said that the group wants to "clean up the KSC environment first."

It may be noted that at the time this photograph was taken, the scum on this section of the Ashuelot had a distinctive dark orange color.

Photo by Gaw

Keene State College
Keene, N.H. 03431

THE MONADNOCK

Vol. XXIII, No. 2
Sept. 22, 1971

Poet, Novelist To Lecture Here

Poet and novelist Elizabeth Sewall will speak at Keene State College on Thursday night (Sept. 23) in the first presentation of the 1971-1972 KSC Concert and Lecture Series.

Dr. Sewall has chosen as her topic "The Imagination," and will discuss what poets over the ages have said about the imagination and how poetry and imagination relate to the educational world. Admission to the 8 o'clock lecture in the Mabel Brown Room of the Young Student Union is \$1 for adults and 50 cents for children and students. KSC students, faculty and staff are admitted by ID card.

Dr. Sewall is the author of "Signs and Cities", "Now Bless Thyself" and "The Structure of Poetry" among other works. She has taught at Vassar, Fordham and Princeton and currently is a professor of English at Hunter College in New York City.

Born in India, Dr. Sewall was educated in England, graduating from Cambridge University with a B.A. degree and attaining first class honors. She also received her master's degree and her Ph.D. from Cambridge and was the recipient of honorary doctorates of literature from St. Peter's College and Jersey City College in the United States after coming to this country in 1950.

She returned to England in 1955 to teach at Manchester University for two years, and has been a professor of English and poetry in the United States for the past 13 years, being affiliated with Ohio State University, Bennett College in North Carolina, California State College at Los Angeles, Tougaloo College in Mississippi, Fordham University, Princeton University and Central Washington State College before joining the Hunter College faculty this year.

Dr. Sewall was married this year to Anthony C. Sirignano, a professor of classics who is completing his doctoral studies at Princeton.



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Tennis. Also needed: help in make-
up of sports page. See Mike Tardif
Sports Editor, Carle 203B.

ALTERNATIVE PROGRAM ENROLLS 72



Approximately 40 experimental college students are living in 'A-1' house, the former Monadnock Lodge (32 Emerald St.)

Thorne Art Gallery Plans 'Most Ambitious Program'

The Thorne Art Gallery of Keene State College will present an exhibition of paintings by the late Milton Avery for three weeks beginning Sunday, Sept. 26. Mrs. Jocelyn Brodie, Thorne Art Gallery coordinator, describes the exhibit, "The Sea by Milton Avery," as the gallery's "most ambitious and significant to date."

Organized by Mrs. Brodie in cooperation with the Currier Gallery of Art and the Williams College Museum of Art, the exhibition will be shown at all three museums during the fall. A catalog, the gallery's first publication, will accompany the exhibition and will contain a critical essay on "Milton Avery and the Sea" written especially for the exhibition by Henry Geldzahler of the Metropolitan Museum of Art. In it, Avery's pivotal in American art as a link between the great landscape tradition and the younger abstract painters is defined.

"He spent a lifetime paring down the multiplicity of the visual world to its essentials," Geldzahler writes in describing the consistent development of Avery's career, "a career that can be described without exaggeration as a personal tri-

umph." The exhibition will run through Oct. 16, with viewing hours from 1 to 4:30 p.m. Monday through Friday and from 3 to 5 p.m. on Sunday. An opening reception, hosted by the Friends of the Thorne Art Gallery, will be held on Sept. 26 from 3 to 5 p.m. and the public is cordially invited. The artist's widow, Mrs. Milton Avery of New York, will be present at the reception. Admission to the gallery is free.

Avery, born in Altmar, N.Y., in 1893, was largely self taught. He grew up in Hartford, Conn., and, following high school, took a correspondence course in lettering. In 1923, he studied briefly under Charles Noel Flagg at the Connecticut League of Art Students. Avery married painter Sally Michel in 1926 and two years later had his first exhibition of paintings at the Opportunity Gallery in New York.

In 1932, a daughter, March was born. True to the family tradition, a gifted painter in her own right, March throughout her childhood was the subject of many

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There are a lot of new looks at Keene State College this year; but perhaps the most innovative change is the "alternative educational program" which has been made available to approximately 72 selected students.

The program, titled, "Alternative One," is a type of "experimental college" within Keene State College - not patterned particularly after well known Hampshire College in Massachusetts but at least drawing on some of its features. It is built around the theory that many students are "turned off" by traditional teaching methods and must be approached in new ways in order to strike that motivational chord that will reach their latent abilities and talents.

The experimental program consists of four workshops: in the humanities, the arts, the social sciences and the natural sciences. Within the workshops, there will be seminars and independent study.

Alternative One will operate on grant funds and will not draw from any of the college's operating funds. It has been approved for a two-year trial basis, after which it will be evaluated as to its future. Students who complete the program will be able to substitute the experimental two years for their general education requirements and thus will not be in jeopardy of losing a year or two of college work.

James Bolle, the program's coordinator said, "The experiment will include what we think is the best of our present educational system along with innovative ideas in order to instill a sense of commu-

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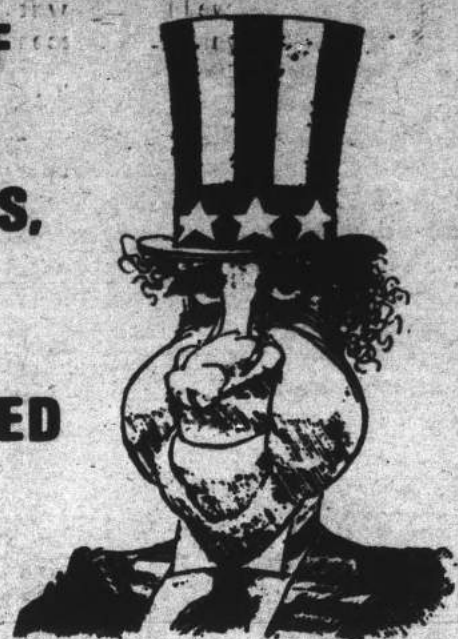
An informal rap at the Lodge—(l. to r.) Dave Andrews, Nora Kerr, Jim Bolle.

Photo by O'Brien

**DUE TO A LACK OF
18-21 YEAR OLD
REGISTERED VOTERS,**

**THIS MAN
HAS BEEN RE-ELECTED**

If this headline sounds like a nightmare to you, then get out and register, and don't let it happen!



Monadnock Editorial

HAPHAZARD POLICY

The cramped living conditions which many students are experiencing on campus seems to be a mirror image of an almost as serious housing crisis in the city of Keene itself. This problem has affected every student in one way or another, but it strikes hardest on one class of students in particular - the married students.

Aside from all the other problems that being married and-in college entails, the married KSC student must run around the already housing-poor town for an apartment that is big enough for two and convenient to the school and his or her place of work (most marrieds, if not all, must use a part-time job to pay bills). But most of all, the apartment must be inexpensive enough to be afforded on a meager budget already slashed by increasing costs of school and the essentials of life. This is hardly an enviable task for anyone; and these are all part of the reason that the waiting list for the Bushnell (Married Students Apartments) is so long.

With so many applicants the Housing Office has to become choosy - who will become tenants? The most reasonable answer: those who can demonstrate the most need. The college is fully capable of enforcing such a simple and humane policy. This is not how it is run however. The present system is a haphazard and impersonal one which is largely segregated from the needs of the individual students involved.

Currently, students are chosen on a first-come, first-serve basis. The only other stipulation is, that, "due to the limited number of apartments (32), married male students will be given priority," (pg. 16, Student Handbook). In other words, all couples with the male member a student are accepted even before the female-only student couples are even considered.

The idea, in principle, seems to be that if the "head of the household" is in school then the chance for financial crisis is infinitely greater. It is altogether foolish and potentially discriminatory to the married female student to believe that this is an absolute. All couples should be individually screened and chosen on the basis of need. They should start on equal ground.

It is evident that a system based strictly on need is much more responsible than the non-system of first-come, first-serve. The revision of this haphazard housing policy should be high on the priority lists of the Student Senate and the Campus Residence Council this semester.



KLEENE STRATE COLLEGE

by Pat Gilmartin



HOW TO LIVE on \$60 a Week: Edward Cox, married to Nixon's daughter, is working as a \$60-a-week law assistant in the office of the U.S. Attorney in New York City. But he and his spouse live in a large suite in the Essex House residential hotel, which overlooks Central Park. The cheapest suite in the hotel costs \$70 a day.

BY ROBERT WOLF
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ALTERNATIVE FEATURES SERVICE

WHEN REP. William Clay, black Democrat from Missouri, said in the House that Agnew is "seriously ill" in the head-the comment was widely quoted in the press. But, though his complete remarks were brief, the rest of what he said was virtually blacked out by the media. Clay was reacting to the "carping and unconstructive" criticism-the same terms Agnew used about American blacks when in Africa on his government-sponsored golf tour. Clay had also said Agnew is guilty of "mental masturbation" and is "an intellectual sadist who experiences intellectual orgasms by attacking, humiliating and kicking the oppressed." Did you see that in your papers? Clay added: Agnew "suggests that black leaders in America emulate the leadership of Jomo Kenyatta of Kenya and Joseph Mobutu of the Congo. I hope the Vice President did not mean that if blacks in the country are to attain equality, justice and first-class citizenship, it will be necessary for them to do what Kenyatta and Mobutu did to their white oppressors."

IN 1938, Californian Walter Botts posed for the army's Uncle Sam recruiting poster, which quizzily pointed a finger over the caption, "I want you!" Botts is now 71, and though he served 80 days in World War I, the Veterans Administration is refusing him a pension on the ground that he needed 10 more days to qualify.

FIGURES OF the Treasury Department reveal that 65 Americans had an adjusted gross income of more than \$1 million in 1969 and paid no federal income tax. Only one tax bracket had a higher percentage of non-taxpayers: persons earning less than \$5,000. Another 302 Americans earned more than \$200,000 and paid no income tax-a rise of nearly 100% over 1967.

FILM DIRECTOR Pier Paolo Pasolini was charged in Italy with having incited soldiers to disobey the law via subversive propaganda. He is best known for the film "The Gospel According to St. Matthew."

LETTERS

All "Letters to the Editor" must be typed (double spaced) and not to exceed 300 words in length. All letters must be signed in order to appear in print. The editors reserve the right to delete any word or words which they consider offensive to the general public. Deadline for "Letters to the Editor" is 12 noon, Monday.

NOTES OF ADVICE

I can relate to people who can admit to their own mistakes-as long as they do something about them.

Last week this campus came close to witnessing student violence-on a not-so-small scale when I found out that the work-study paycheck I was expecting was not forthcoming. It's rough enough trying to live on \$24 a week when the check does come in.

Friday, after making an absolute pest of myself, (a tactic I recommend as being at least 50 per cent effective), I received most of the pay that was due me for services rendered at the Student Union beginning Aug. 23.

After some more chatter, most of it directed toward Student Union director Douglas Mayer and President Leo Red-

fern, I was directed to the office of Robert Taft of financial aids.

I approached this Monday-morning encounter with the timidity of the twice-burned, I had been misinformed within those portals before and I fully expected an unsatisfactory meeting. Instead, I found Mr. Taft, despite my outspoken anger of last week, to be congenial and helpful, even human.

To make a long story short and to avoid embarrassment, errors or oversights were admitted on behalf of more than one person and remedies for some of the loose ends of the work-study system were proposed. It seems that the impact of suddenly being paymaster for almost 200

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THE MONADNOCK

THE MONADNOCK is published weekly throughout the school year by the students of Keene State College. All material appearing in the Monadnock editorials are the opinions of the faculty and administration, of Keene State College, or of the printer.

The offices of THE MONADNOCK are located on the 3rd floor of the Student Union on Appin Way. Phone: 352-7369.

All Copy should be typed (double spaced). Copy deadline is 5 p.m. Monday.

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STUDENT SENATE TO DEFINE ROLE, BUDGET CRACKDOWN LIKELY

The KSC Student Senate has started off the new year with two major goals in mind: 1) a re-evaluation of the role of the Senate and, 2) a crackdown on student activity budgets.

Dave Gagne, president of the Student Senate explained, "I don't think the only purpose of the Student Senate is finances." Other student related issues such as faculty evaluation, committee appointments and curriculum are just as important, he said.

On Tuesday, Sept. 28, the Senate will be meeting at the college camp in North Swanzey for an informal meeting to discuss the re-evaluation. "I hope this will result in a little more enthusiasm from all members of the Student Senate," Gagne added.

The Senate will also be cracking down

on organizational budgets. Each organization will be required to keep their own books and to report back to the Senate Finance Committee bi-monthly.

This move is part of a general financial tightening of belts which the college is currently experiencing. "This last thing we should do would be increasing the student activity fee," Gagne emphasized. The Senate seeks to cut down on needless spending by a closer scrutiny of the budgets. "Students will be able to look back and see what the organization has done with their money," Gagne added. "This can be a basis on which they are allotted money for next year."

Citing the case of the KSC Theatre who went \$3300 over their budget for last year Gagne said, "Things like that I want to prevent."



NEW FACES ON CAMPUS - New faculty members at Keene State College are, from row, left to right: David B. MacAllister, instructor in art; Leroy W. Ross, instructor in sociology; Dr. Joan B. Davis, assistant professor of political science; May C. Abbud, assistant professor of mathematics; Kenneth E. DeVoid Jr., instructor in special education; Frank M. Winn, assistant professor of French; Rear: Dr. James L. Spangenberg, chairman of the Home Economics Department; Dr. Theodore Hinkley, assistant professor of education; Douglas A. Nelson, assistant professor of music; Alfred W. Thomas, instructor in education; John E. Mattis, instructor in education; Delmar R. Ogg, assistant professor of industrial education; Michael G. LePerte, instructor in sociology; Louis Dumont, media specialist.

Abbud, Hinkley Named to Faculty

The appointment of two new faculty members has been announced at Keene State College.

They are Dr. Theodore Hinkley, assistant professor of education and Dr. May C. Abbud, assistant professor of mathematics.

Dr. Hinkley comes to Keene State College from Oswego State College in New York, where he has been assistant

professor of education for the past three years. A native of Rutland, Vt., he received his B.S. degree from the University of Vermont and his masters and doctoral degrees from Michigan State University, obtaining his Ph.D. this past June. Dr. Hinkley was a teacher and a coach at Essex Junction, Vt., High School for seven years before going to Oswego in 1968. He is married and has three children.

Dr. Abbud received her Ph.D. from the University of Massachusetts this past spring and for two years before that was an assistant professor at George Mason College in Fairfax, Va. She received her B.S. and M.S. degrees from the American University of Beirut in Lebanon and then studied at the University of Rochester, receiving her M.S. degree in 1965. She has also taught mathematics at the American University of Beirut and Smith College. Dr. Abbud was the recipient of National Science Foundation fellowships for advanced studies during the summers of 1965 and 1966.

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There's a well-known writer's syndrome known as "the second novel" syndrome. You write this great novel, it gets picked up by the cultists, next thing you know, all the college kids are carrying the paperback around in their back pockets, and now all you have to do is write another. Check out Joseph Heller, author of *Catch 22*. What's he been doing since that came out? Re-working the story, publishing his notes, all kinds of things except writing another novel. Well, the Who is the current sufferer among rock groups.



from the second novel syndrome. *Tommy*, the unbeatable album, metamorphosed into *Live at Leeds*, which metamorphosed into three or four absolutely-the-last-time-we-do-Tommy tours, and the sages shook their heads - they would never be able to live down that crowning success.

Well, sorry, guys, but they have. *Who's Next* (Decca DL 79182) came out recently, and from the jittery synthesizer opening right down to the final fade, it's the Who we all remember, a little more somber, perhaps, but the

Who without a doubt. It's good to have them back, this latest album is lacking in some of the things I've loved the Who for previously. The sense of humor that created "A Quick One" and "Armenia, City in the Sky" seems to have vanished (this may be due to the Townshend's burgeoning interest in Meher Baba - new converts to anything seldom laugh). And the lyrics are definitely playing a secondary role this time out. Instead, we have Peter sitting down at the VCS 3 organ and an ARP/tonus synthesizer and finally proving to the

world at large that the synthesizer is both a human instrument and one eminently suited to rock and roll. From the sound of things, he seems to have been listening a lot to Terry Riley, and it's made a salutary change in the Who's sound. Of course, the standard cut, the one where the whole album comes together, is the eight-minute expansion of the hit "Won't Get Fooled Again," a political parable for the Seventies. I don't have to tell you to get this album - you probably have it already.

NHCUC Awarded Grant

The member colleges of the New Hampshire College and University Council have received a three-year grant of \$170,000 per year from the U.S. Office of Education, it was announced today. KSC is a member of the NHCUC.

Sister Jeannette Vezau, CSC, President of Notre Dame College, announced the federal grant made to the Council through Notre Dame as the "applicant college." According to Sister Jeannette, the funds were awarded through the Office of Education Title III program which assists small "developing institutions" which work together in cooperative arrangements to improve academic offerings and management techniques.

"Over the past several years, the New Hampshire College and University Council

has enabled the member colleges to receive over a million dollars in Title III support alone, but this is the first time we have obtained a grant that is renewable over a three-year period," said Sister Jeannette.

"The three-year funding is a real endorsement of the Council by the U.S. Office of Education, since the limited number of such grants were awarded on the basis of commitment to inter-institutional cooperation, effective planning and viable proposals for college improvement."

The federal funds, according to Sister Jeannette, will be used primarily for joint academic development, needed faculty positions, institutional research, support of cooperative library arrangements and other joint ventures of the Council colleges.

LETTERS

Continued from Page 2

students is a jolt to the financial aids office and it usually takes two or three weeks for the cloud of dust to settle.

In acknowledgment of our conversation Monday morning, I'm taking this occasion to publicly request Mr. Taft to:

1) Make the supervisor the person primarily responsible for the student's pay. That is, the department chairman or other employer should make sure the student is eligible for work-study and should inform the student of pay rate and pay dates.

2) Post all regulations, pay periods, procedures, etc. in each department so students have a written set of rules to fall

back on if there are any mix-ups (Hail Hamurabi!)

3) Inform any student employee immediately of any misunderstandings or mistakes relative to his pay. Waiting for payday to find that there is no check is simply unjustifiable and bordering on the vicious.

Now that my problem seems temporarily solved, I resurrect the question: What about the others? There are other student employees who were expecting paychecks Friday and didn't receive them! For their sake I hope I wasn't the only one who kicked up a little fuss. Like I said before, make a pest of yourself.

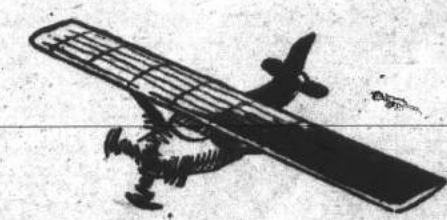
One other note of advice. When dealing with administrators: get it in writing.

Dana Sullivan

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KEENE STATE OWLS WIN SOCCER TOURNNEY

By MIKE TARDIF



Photos By Tardif



THE OWLS sport new uniforms this year. Keene returns to home action this Saturday against Farmington State College.

A LARGE CROWD (above left) witnessed Saturday's championship match at the KSC Athletic Field.

STEVE PARKER (left) fires a perfect pass during Saturday's match against Western New England

ALTERNATIVE ONE

Continued from Page 1

nity, activity, interaction and learning."

Bolle, who has been director of Monadnock Music for the past four years and a lecturer in music history at Keene State since 1970, is joined by two other KSC faculty members in the organizational leadership of the new program. They are Don R. Land, assistant professor of computer science, and David B. Andrews, instructor in psychology.

Says Land: "We will be trying to stress more involvement in activity, creating a situation in which people can learn to handle information, how to interact with people, how to develop effective

methods of communicating, and how to develop a learning situation based on active rather than passive observation of facts. We hope to stimulate the students and get them involved."

Andrews said a great many students are on college campuses today "because that's the only place they can get an education. But they find the atmosphere stifling and do not like having to sit and be lectured at. This type of student is not dumb, but he may be poorly motivated. He may have leaned only to dislike education, and this is what we hope to change."

Bolle, a graduate of Antioch College with a master's degree from Northwestern University said that each student was given a personal interview before being admitted to the program. He commented that approximately 72 students were in Alternate One, between 38 to 40 of them living at the former Monadnock Lodge at 32 Emerald Street, and the rest living off campus, at home, or in the KSC dorms.

"This week," Bolle said, "the students are making out their schedules and deciding which way to go." He explained that they're set up in four different areas and break up into groups that way. Many things are individual projects within the workshop. "Some of the specific seminars he said, are in psychology and religion and the students have projects in such things as photography and film making.

The "style" of any of the seminars within the workshops could vary greatly, Bolle said. "Conventional textbook learning and lectures might be chosen for one

seminar group," he said. "And in another the group might pursue a more involvement oriented program of independent study - or whatever the members of the group feel would best attain their goals."

Each student will be expected to participate in at least two of the four workshops. There will be no letter grades given for marks, but, rather, each student will be given written evaluations, indicating whether credit has been earned. Class size will vary, but Bolle said he expects most classes to be quite small.

"The need for this program at this time is two-fold," Bolle said. "One, we are at a time when colleges such as Keene State College must continue to make adjustments in their structure. At the state college level there is relatively little information available to facilitate appropriate and intelligent decisions. This experimental college could fulfill this need."

"Two, many students differ in their style of learning. If the college is to serve the needs of the people of the state adequately, it must provide education for all who are capable - with the best methods available."

"Many students need an alternative which allows greater freedom for self determination and involvement in their own education."

Mr. Bolle is the only full-time instructor on the Alternative One staff. He said, though, that part time instructors who will be donating their own time include, Don Land, Dave Andrews, Nora Kerr, assistant professor of Spanish, William Sullivan, assistant professor of English, Dr. Lawrence Benaquist, assistant professor of English, Dr. David Gregory, associate professor of Biology, and Sammuell Azzaro, instructor in Art.

The KSC soccer team completely outclassed all opponents in last weekend's Keene Invitational Tournament held at the KSC Athletic Field.

In the semi-finals Friday, the Owls blanked Roger Williams 9-0. Keene overpowered the Rhode Islanders, outshooting them by a 50-4 margin.

Vin Cameron, a KSC freshman from Quincy, Mass., scored 3 goals while Rit Swain and Graham Jones both hit the net twice for the Owls.

In the tournament finals against Western New England, before a crowd of over 800, the KSC booters were at their best. Keene amassed an awesome total of 58 shots on Bears' goalie Rick Arrich.

At the 17 minute mark of the first quarter, Mickey Rooney of Slough, England, opened the scoring on a penalty kick. By the end of the first quarter, full-back Dick Bush and forward Vin Cameron had also tallied for the Owls, resting the score at 3-0. During the 2nd quarter Rooney made no mistake on his second penalty shot of the game, giving Keene a 4-0 lead at the half.

The third quarter saw a 30 foot blast by Mark McEvoy and a nifty header by Chip Conran. In the final frame Vin Cameron completed his second hat trick in as many days, capping off a fine weekend for the Owl rookie.

A fine display of soccer was witnessed by the many present at the game Saturday. In the future fans can undoubtedly expect more colorful plays and witty remarks from England's Graham Jones along with accurate passing and shooting from the entire Keene Squad.

The halfbacks and forward line have controlled most of the action, while the Keene defense along with goalie Brad Steurer has not really been tested so far.

In the consolation match Roger Williams defeated the University of Maine Presque Isle 3-0.

The "Big Red Machine" returns to home action this Saturday at 2 p.m. against Farmington State College in the first NESAC match of the season.

KSC vs W.N.E.
Keene 3 1 2 2 - 8
WNE 0 0 0 0 - 0
Goals: Cameron (3), Rooney (2), bush McEvoy, and Conran.
Saves: Steurer (K) - 5 Arrich - 20

ART GALLERY

Continued from Page 1

paintings by her father, a theme which culminated in an entire exhibition entitled, "My daughter March" held at Durand-Ruel in 1947.

The theme of domestic life in Avery's work has been accompanied at all times, according to Frank Getlein, by a cosmic vision: "Through Avery's preoccupation with his special locales, we are led back to the very beginnings of the human race, that meeting of water and land where man's ancestors first emerged from the sea, beneath the sun that was to energize and fecundate a new race on earth."

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THE MONADNOCK

Vol. XXIII, No. 3
Sept. 29, 1971

THE FOOD REVOLUTION -

a special on natural/organic foods pg. 4, 5, 6

the macrobiotic way

The so-called "Macrobiotic diet" is an individual interpretation of what might be the harmonious diet for any one given climatic and geographical area. Therefore, the diet and food varies infinitely according to location and season. In an age in which mankind is suffering from many physical and spiritual diseases, the application of the Macrobiotic principles offers a simple and practical way to "regenerate" and to stop the biological and mental degeneration of humanity.

The following seven suggestions are offered for consideration as the basis for a sound program to establish physical and mental well-being:

1. *Eat only pure, whole, natural foods.* Avoid processed, canned, and chemicalized foods. Choose the foods which come to you as close as possible to their natural whole state and use them as the "raw materials" of your cuisine. If possible, grind your own flours rather than buy them. Make soups from "scratch", avoiding mixes and instant flavourings. It is far better and more satisfying to take the time to hand-knead and bake your bread than to buy it. Vegetables taste better when you have nurtured and cared for them yourself.
2. *Choose foods which grow and thrive naturally in your local area and eat them in season.* Avoid foods which are imported from exotic places and foods which do not and cannot grow in your climatic region. These foods are not suited for you.
3. *Chew.* Our teeth are for biting and chewing. When we chew, we influence beneficially the complex digestive processes which follow in our stomach and intestines. By mixing our food well with saliva, we better utilize our food and consequently eat less. We feel lighter and more energetic.
4. *Eat coarse simple foods only when hungry.* Hunger is a gift. If we are constantly eating, we never experience real hunger. If there is no hunger, then we are always full, and if we are full, then we cannot receive. If we eat too much, then our blood is concentrated in our lower regions for extended periods and our brain becomes slow and inactive due to lack of blood. Hunger is ecstatic. Enjoy it every day.
5. *Eat serenely and gratefully while reflecting on the origin of our food.* If we are fatigued, angry or upset, it affects the quality of the food so much that it is better not to eat under such circumstances. Reflecting on the origins of food makes us thankful and mindful of the earth, sun, air, water, the farmers and nature.
6. *Eat two meals a day.* Avoid eating at night before bedtime or just after waking up. In the morning, allow your body time to awaken and become active before eating. At night, allow plenty of time for your stomach to empty before sleeping so that your sleep is a deep and refreshing one.
7. *Do joyous activity and exercise.* Run along the beach, swim in clean cold waters, climb mountains, and walk through the forests, all the time breathing the pure clean air deeply and rhythmically, and feeling the warmth of the sunshine against your body. Experience the weather and the seasons every day and let your body adapt to the heat and cold. Become one with the outdoors and rely as little as possible on artificial climates such as central heating and air conditioning. Enjoy the changes and flow with them. Experience the rising and setting of the sun and moon. Play on this earth as the children of God.

Photo by Gaw

Barrels of organic grains line two walls at "The Good Life" in Brattleboro, Vt.

The harvest at the Erewhon Farm started in mid-September. Here, a worker picks squash and pumpkin.

tioning. Enjoy the changes and flow with them. Experience the rising and setting of the sun and moon. Play on this earth as the children of God.

In so doing, all will discover who we are as we eliminate the foods which have blinded us. Not only poisonous foods of newspapers, TV's, textbooks and radios. We will then be eating through our mouth and brain the pure and simple essence of this infinite universe. Let us neither suffer or worry. Enjoy and be happy

Photo by Gaw

on the inside:

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