

## *SEQUENCE OF SEVEN RUBRIC*

Sequence of Seven	1	2	3	4
Patience	No tolerance for other's needs or concerns	At times will show interest in other's needs or concerns but is sporadic and unpredictable	Shows care and concern most of the time but this will fade in correlation to energy level and focus	No matter the circumstances I will put their needs and concerns above my needs
Acceptance	Prejudges others who are not within their view of being acceptable	Wants to be open to more people but easily falls back on stereotypical judgments	Works hard to accept all people but knows in their heart that some people don't deserve it	People are all different and must be accepted as they are found. Creates healthy relationships with all those who are mutually capable
Empathy	People get what they deserve. If they live a troubled life, they deserve it.	Finds it hard to understand people who have not been successful. In rare instances it may not be their fault and can understand helping out.	Fully understands the intellectual point of view that in many cases people end up in unfortunate circumstances through no fault of their own but certainly some could do better by working harder.	Cares for all people regardless of what they did to contribute to their plight. My role is to help and not judge.
Compassion	What, work with that person? Yea, right!	I'll work with that person but I am not going to be really into it.	Sure, I'll give them an honest shot but I am always surprised when they rise to the occasion.	I don't care about a person's past. If they are willing to keep trying I will be willing to keep trying as well.
Cooperation	They made their own bed, now its time to lie in it.	Well of course I feel sorry for them but it's not my job to fix the world.	I donate to worthy causes and volunteer time even when I feel they aren't all worth it.	We are all souls trying to make it through life. It is an honor to help the most disadvantaged.
Kindness	The kindest thing I can do is to tell them to try harder and stay out of my way.	I would never go out of my way to hurt them but it's like an animal – I wouldn't hurt a dog or cat either.	I try really, really hard to be kind to everyone. With some people it is too hard and I feel badly but I do back off.	What a gift it is to be kind to someone who doesn't feel they deserve it. Kindness alone can cure many emotional issues for us both.
Love	What? Love? Yea right!	We need to try and love everyone – I've heard that my whole life and don't believe it. I save love for those who love me back.	Oh, what a wonderfully idealistic goal. I can't begin to imagine loving everyone. There are many people who don't earn my love.	I enter every new relationship hoping that it can become a loving one. Experience tells me that not everyone can accept love but it doesn't stop me trying.

\*When all conditions  
Are met than PEACE is possible

Body

Mind

Soul

Spirit

## Sequence of Seven Portfolio Project

**Due Date:** Last week of regular classes

**Product Due:** A completed Sequence of Seven Portfolio binder showing how you have addressed how you have grown and what plans you have made to continue to grow in these critical factors of knowing yourself better so you can enhance your teaching and your own sense of wellbeing

**Project Requirements:** I will allow you to select any variety of means to demonstrate that you have accurately assessed your current capacities in each of the SOS indicators. Your portfolio must include a clearly explained starting point, or baseline, and then show what activities, therapies, readings, conversations, lessons or other endeavors that document your current status, growth over the semester as well as plans as to how you intend to keep growing as a person and an educator.

The second part of this will be a brief presentation, at your seat if you wish, about your SOS project and how this list may be used in a K-12 classroom

**Action Plan:** Before you begin it is essential that we meet to discuss the myriad ways you can choose to create a plan for personal growth within the parameters of the Sequence of Seven – Everyone must have a completed plan for all seven components to me and have met with me by no later than September 19<sup>th</sup>. If there are extenuating circumstances let me know in advance of the 19<sup>th</sup> please.

The following chart is a representative student response to the challenges represented by the words in the Sequence of Seven. As one moves vertically through the Sequence of Seven it indicates a gradual development in the growth of consciousness. As one moves across the columns 1-4, it indicates a developing awareness and sensitivity in the individual.

The chart indicates a shifting sensitivity and values in both directions. The chart's first objective is to stimulate student awareness and subsequent goal setting.